

CHAPTER V

CONCLUSION AND SUGGESTION

5.1. CONCLUSION

Gummy candy is one of a kind candy is preferred, because it has properties typical, Gummy candy with herbal and many benefits, such as gelatine as an adhesive, date juices as a sweetener, moringa powder and spinach powder as main ingredients that had benefit for nursing mothers , and ginger as coloring agent. Subtitution of sugar with dates has significant effect on the level of preference test, color, and texture. As a traditional medicine, ginger and can be used combination with medicinal ingredients, and Moringa leaves do contain Phytosterol compounds and Spinach Powder is rich in vitamin B6, thiamin protein, folic acid, potassium and other necessary vitamins. Vitamin B6 both of them can help boosting the production of breast milk, other herbs that have mutual functional strengthening and complementing. Gelatine has many function including as an ingredient stabilizers, emulsifiers, binders, thickeners, plastic alternative, as well as matrix material for implants.

5.2. SUGGESTION

To maintain the quality of the candy, improve the quality of taste, texture, aroma, and color by matching the appropriate dose of the candy recipe again, as well as proper storage of candy to ensure that this gummy candy is safe for consumption in the long term.