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## **APPENDIX**

## 1.Appoved recipe

Recipe Name: BEER WITH NUTMEG FLAVOR

TITLE OF C &D: UTILIZATION OF NUTMEG AS A FERMENTED BEER BEVERAGE

Yield

: 6-7 portion

Main Ingredients

: 1kg barley seeds

Ingredients

- 500 grams of nutmeg flesh

- 300 grams of Sugar

- 5 grams yeast

- 6 liters of water

- 18 grams of hop pellets

#### Method

- 1. Heat 6 liters of water to a temperature of 160°C
- 2. Crush all the grains (not in the powder/ flour) but into grits.
- Next, coat the surface of the pan using a filter cloth and then put the grains into the water, Then stirred until nothing coagulates and cooked for 1 hour.
- After 1 hour remove the seeds by lifting the filter cloth and let it drip until it runs out, then cook again about 45 minutes.
- 5. Next in the first 15 minutes add hops pellets into the wort and mix again.
- After 45 minutes remove and cool the wort by putting water in the sink and filling it with cold water so as to lower the temperature of the wort.
- 7. Before carrying out the next process in this section, the tools used must be sterilized!
- After that the wort can be put into a closed container and given yeast then stirred until well mixed, and let stand for about 14 days with room temperature 65°C.
- 9. After the 7th day, the ripe nutmeg is washedand then peeled and cut into small parts
- 10. The next step is to heat nutmeg meat on a waterbath to kill all bacteria, then put nutmeg meat into a cloth filter that has been previously sterilized.

- hat nutmeg meat is heated on a waterbath to kill all bacteria, then put nutmeg meat into a cloth filter that was previously sterilized.
- The next step is to put nutmeg into a container containing beer and close tightly then left again for 7 days.
- 13. After day 14, heat the water and sugar and cook until all the sugar dissolves.
- 14. Then the beer container can be opened and then the nutmeg flesh is removed and then mix sugar water into the beer.
- 15. Next, put the beer into a glass bottle that has been sterilized and tightly closed
- 16. Beer with nutmeg flavor ready to serve

#### RECIPE BACKGROUND

The choice of beer fermentation topic with the taste of nutmeg flesh is because there is still a lot of nutmeg meat waste that is not processed, especially in the city of Fak-Fak, West Papua, and also to create new flavors in a bottle of beer. Beer is one of the oldest beverages made by man, dating back to 5000 BC and the character of beer has changed drastically over thousands of years. With this recipe also people can find out how to make a simple beer at home

Student Name

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NIM

: 2174130010057

1st Advisor	2 <sup>nd</sup> Advisor	3 <sup>rd</sup> Advisor
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Name:RYAN YEREMIA ISKANDAR,SS Date: 29-3-223	Name:ELINAR,SST,Par.,M.Si.,Par. Date: 29 - 3 - 2023	Name: YOHANNA PRASETIO, S. Sn, A. Md. Par. Date: 29 - 63 - 2623

# 2.Appoved sensory



# CULINARY INNOVATION AND NEW PRODUCT DEVELOPMENT SENSORY TEST

DATE : 10 April 2023

NAME : Shelin Angelina Tan

NIM : 2174130010057

PRODUCT : Beer pala

ADVISOR : Ryan Yeremia Iskandar, SS

PANELIST	SIGHT	SMELL	TEXTURE	TASTE	TOTAL
Panelist 1	1	√	√	1	1
Panelist 2	1	4	√	X	1
Panelist 3	1	1	√	1	<b>√</b>
Panelist 4	1	1	1	X	1
Panelist 5	1	1	1	X	1
Panelist 6	1	1	1	1	1
Panelist 7	1	1	1	1	1
Panelist 8	1	1	1	х	1
Panelist 9	1	1	1	Х	1
Panelist 10	1	1	٧.	Х	<b>√</b>

## NOTES

Kurang rasa pala

Taste terlalu pahit.. Bitter aftertaste too strong



# 3.Consultation form

Name	Student Number	Advisor
CONSULTATION FORM	CULINARY INNOVATION AND	NEW PRODUCT DEVELOPMENT
Akademi Kuliner & Patiseri	OMMITTO	TVI EKNASIONAL

Name/ Signature	A	EA.	*	The state of the s	The	B
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2	27/ 1/3/1 Honsultasi Produk	
25	Konsulusi Produk	A>
73	Report Writing (1898 1+2)	*

Heat 6 liters of water to a temperature of  $160^{\circ}$ 



Coat the surface of the pan using a filter cloth



Put the grains into the water, Then stirred until nothing coagulates



cooked for 1 hour



Remove the seeds by lifting the filter cloth and let it drip until it runs out.



Cook again about 45 minutes



Next in the first 15 minutes add hops pellets into the wort and mix again



After 45 minutes remove and cool the wort



After that the wort can be put into a closed container and given yeast then



The next step is to put nutmeg into a container containing beer and close tightly then left again for 7 days.



After day 14, heat the water and sugar and cook until all the sugar dissolves

