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APPENDIX

1. Approved Recipe

Recipe Name : Cancer Prevention Indonesian Traditional Herbal Drink
TITLE OF C&D : The use of turmeric , cloves and cardamom in an indonesian traditional herbal drink as a cancer prevention concoction.
Yield : 3 Bottles.
Main Ingredients : clove 29 seed , cardamon 29 seed and turmeric 5 seed .
Ingredients :
- Water 800ml
- Honey 3 table spoon
- Clove 2g
- Cardamon 6g
- Turmeric 128g

Method :

1. First we peel the skin of the turmeric then we cut it into small pieces , wash the turmeric clean .
2. Add in 800ml of water into the pot then add turmeric , cloves and cardamon.
3. Then just wait 20 minuters or 15 minutes until it boils .
4. After that , wait for the herbal medicine to cool down , then add 3 tablespoons of honey , then stir it , and then drink it .


RECIPE BACKGROUND (50 – 100 WORDS)

Why did i choose this because of cloves cardamom , and turmeric contain anti-cancer indonesian traditional drink compounds . cardamon contains natural phytochemicals that can help fight cancer . cloves are enriched with the antioxidant eugenol to fight free radicals in the body that can trigger cancer development . turmeric contains potential cytotoxic and is able to induce apoptosis .

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1 st Advisor	2 nd Advisor	3 rd Advisor
 Name : Heni Adhianata, S.T.P.M.sc Date : Monday 22 march 2023	 Name : Arya Putra Sundjaja , S.E. Date : Monday 22 march 2023	 Name : Jessica Hartan , A,Md.Par. Date : Monday 22 march 2023

2. Approved Sensory

	Akademi Kuliner & Patiseri OTTIMMO INTERNASIONAL <small>CULINARY ARTS • CATERING • BAKING & PASTRY ARTS</small>	CULINARY INNOVATION AND NEW PRODUCT DEVELOPMENT SENSORY TEST			
DATE	: 6 April 2023				
NAME	: Angel Yapira				
NIM	: 2174130010017				
PRODUCT	: Jamu antikanker (cengkeh, kapulaga, kunyit dan madu)				
ADVISOR	: Heni Adhianata, S.T.P., M.Sc				
PANELIST	SIGHT	SMELL	TEXTURE	TASTE	TOTAL
Panelist 1	√	√	√	X	√
Panelist 2	√	√	√	√	√
Panelist 3	√	X	√	√	√
Panelist 4	√	√	√	√	√
Panelist 5	√	√	√	√	√
Panelist 6	X	X	X	X	X
Panelist 7	√	X	√	X	X
Panelist 8	√	√	√	X	√
Panelist 9	√	√	√	X	√
Panelist 10	√	X	√	X	X

NOTES :

- Try adding some sourness to reduce the clove flavor
- Cengkeh terlalu kencang
- Kurang berasa jamunya





Academi Kuliner & Pastry
OTTIMO
 INTERNATIONAL

**CONSULTATION FORM
 RESEARCH AND DEVELOPMENT
 FINAL PROJECT**

Name : Angel Yopira
 Student Number : 213.4130010017
 Advisor : HIS. Hemi Adhyanatha

No	Date	Topic Consultation	Name/ Signature
1.	7/5/23	Judul Produk - Investigasi yang akan digunakan	
2.	13/3/23	-Konsultasi Produk	
3	20/3/23	Ace trial product	Hemi
4	05/04/23	Product Improvement Correction	
5	13/04/23	Chapter I Proposal	
6	4/5/23	Chapter II Proposal	

No	Date	Topic Consultation	Name/ Signature
7.	18/04/2023	Chapter 4 proposal	
8.	03/07/2023	Nutrition	
9	7/7/2023	HPP & harga jual	
10	23/08/2023	revisi 1	
11	30/08/2023	revisi 2	
12	05/09/2023	revisi 3	

1. Consultation Form

2. Systematic Process Documentation

1) Discard the skin of the turmeric then wash the turmeric after it is grated



2) After that, prepare the cloves and cardamom



3) Turmeric , cardamom and cloves put in the stove



4) Then fill with water turn on the stove, the fire is small



5) Wait up to 30 minutes



6) After that put it in the bowl



7) Then wait 10 minutes until the herbs are cold then add honey



8) And after the herbal medicine is finished, you can put it in a bowl or bottle or class

