

CHAPTER IV

CONCLUSION

4.1 Problem and Solutions

The internship The author did in the United Arab Emirates for 6 months also had its problems, especially mentally. Mentality is a major problem for The author because this experience is the first for me to get out of my comfort zone and have to readjust to a new atmosphere in order to develop myself better and get to know and learn various types of food, culture, and habits of international society. In addition, skill, responsiveness, and speed were also a problem for me because The author had to adjust quickly to my new coworkers and workplace, because every month The author would be rolled from one outlet to another. The author was required to understand the menu and the workings of each kitchen in just 3 working days.

Therefore, for me, mental problems are the main thing. For me this is not a test but an experience that The author can use in the future because from this internship program The author was forged and trained to become a competent person and be the best. My chef once kicked me out when The author first came in and made a mistake that got me kicked out of the kitchen. My chef said out loud that "Life is hard, it has to be organized and neat.

Learn from the wild world where we don't know the environment and each other, be an authoritative and leader like a lion, work as fast as a cheetah, stay humble like a turtle, be mentally strong like an eagle that will fly higher if you encounter a problem. Turn criticism into motivation and self-appreciation". The author went through a lot during the 6 months with various problems but that's what made me

strong and professional, no one succeeds instantly. By staying humble, cool-headed and willing to correct myself The author can solve every problem The author face and want to learn new things taught by chefs that The author have never learned before, not feeling that The author already understand but must be good at combining with the skills we got before.

4.2 Benefit of Internship

The author could sharpen their mentality, skills, and responsiveness to be better and also get some new knowledge from the chefs in the kitchen. The author can also get to know other new cultures, languages, and habits from various countries, because Dubai is a tourist city and a transit city. Meanwhile, the author can get out of their comfort zone by challenging their self to be in the midst of strangers and make many new friends from various countries.

4.3 Suggestion for Ottimmo

Ottimmo is a place of education in the Culinary field. we are taught not only culinary basics but also about how to manage a business, calculate costs, learn to speak English and others. with all of this we are given provisions to plunge into the internship process which is required to experience the real world of the kitchen and also I earn more from various aspects of life. ottimmo should further improve communication and cooperation with its students because by being closer to ottimmo students, they can understand the character of each student and can provide motivation or advice for their students and provide more mental training so that students are ready when plunging into the world of internships.

4.4 General point of view about the establishment as an Internship

Anantara is a star hotel that has a pretty good SOP and work

system, anantara also has a conducive working atmosphere and has a pretty good quality of workers in terms of cooperation and communication. as well as a good place to train mentally as a young chef pioneer. anant a ra also treats workers humanely from accommodation to daily meals. So Anantara is a good place to start a career starting from internship activities.

4.5 Memorable moments during Internship

For The author, Anantara staff is The author family in dubai, The author have many unforgettable memories during their internship in Dubai c i t y precisely at Anantara hotel from working experience, then sharing about life and others. The author's experiences and memories cannot be described in words because it is quite long with friends there. The author do not regret being able to start their internship career at Anantara Dubai and proud to be part of the Anantara team representing Ottimmo.



Figure 4. 1 Main Kitchen Team's