

CHAPTER V

CONCLUSION AND SUGGESTION

5.1 Conclusion

Simplicity is a habit for modern people. Everyone wants things that easy to get and effective, likewise with this product where the absorption is very fast because made from water and human body can quickly absorb water. This makes the product a perfect choice for those who want to build a healthy lifestyle that are very busy because of their activities and don't want to use medicine.

This product will also be easily accepted by the public because it has a unique sweet sour taste, and has a tickling sensation due to the results of fermentation which produces CO₂ gas. Manufacturers can also add a variety of flavors that can help eliminate the aroma of fermentation as well as add flavor so that people can consume this drink more deliciously

In conclusion, fermented senna leaf and reed extract as a probiotic drink is a multifunctional healthy drink that will meet the body's needs to maintain body health, especially digestive system. The fermentation process creates a pleasant sour taste and unique fizzy texture while providing additional benefits. Fermented senna leaf and reeds extract is a product help to improve digestion while helping prevent other diseases such as heart problems, strokes, liver disorders, wound healing, protein formation, removing toxins.

5.2 Suggestion

There are a number of things about this product that need to be developed to make the product even better, such as more flavors, packaging that is more attractive to customers, and a production system that can be more efficient than the production of 3 batches in a month. Healthy drink products are practical breakthroughs, especially for people who need practicality in living a healthy life. and also the utilization of other ingredients which can become new breakthroughs in health drinks which can later become new trends in the culinary world.