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- Alessandrini, R.; Brown, M.K.; Pombo-Rodrigues, S.; Bhageerutty, S.; He, F.J.; MacGregor, G.A. (2021). Nutritional Quality of Plant-Based Meat Products Available in the UK: A Cross-Sectional Survey. *Nutrients*, 4225.
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- Fadillah, N. I. (2020). HUBUNGAN KEBIASAAN KONSUMSI COTO MAKASSAR TERHADAP KEJADIAN HIPERTENSI PADA PENGUNJUNG WARUNG COTO DI STUDENT MALL UNIVERSITAS MUHAMMADIYAH MAKASSAR. *FAKULTAS KEDOKTERAN UNIVERSITAS MUHAMMADIYAH MAKASSAR*, 32-34.
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APPENDIX

Scanned Recipe and Approval

Recepe Name : konro daging vegan

Yield : 2 portion

Main ingredients : vegan meat

Ingredients :

- 1 kg vegan meat
- 400 g roasted coconut
- 3 g galangal
- 2 g ginger
- 15 clove shallots
- 10 clove garlic
- 12 g candlenut
- 2g cinnamon
- 1g grated nutmeg
- 1g turmeric
- 0,5g cloves
- 4 sheets of salam leaves
- 125g lemongrass
- 34g cumin
- 34g coriander
- 100g kluwak
- Seasoning

Method :

1. Blend coriander, cumin, lemongrass, galangal, ginger, candlenut, shallots, garlic, turmeric and coconut oil
2. Fry the blended spices until cooked
3. Boil the vegan meat then add in salam leaves, cinnamon, cloves, grated nutmeg, the blended spices and roasted coconut.
4. Season the soup and cook for about 15 minutes

Student name : Winson Satryo Budi Susanto

Advisor name : Gilbert Yuniar Hadiwirawan

Date and time submission :

RECIPE BACKGROUND (50 – 100 WORDS)

I chose this recipe because the main ingredient is vegan meat and konro is also one of the most famous food that come from makassar. if we look at the city of Makassar, konro is a traditional dish that is most commonly searched by native and foreigner. In recent years, there has been an increase on the amount of vegan. To better promote and sell the dish I think it is very good to use vegan meat so that more people can try the dish especially vegans.

APPROVAL TABLE (filled by advisor)

CHECK LIST	POINTS	APPROVAL
WASTE MENEAGEMENT	20	
PROCESSING METHOD	20	28
UNIQUE INGREDIENTS	20	20
PRODUCT OUTLOOK	20	
HEALTH & NUTRITION	15	15
NEW MODIFICATION	5	5
TOTAL		54

*approval min. 50 points

NOTES (filled by advisor)

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OTTIMMO
INTERNASIONAL
CULINARY ARTS · GASTRONOMY · BAKING & PASTRY ARTS

CULINARY INNOVATION AND NEW PRODUCT DEVELOPMENT SENSORY TEST

DATE : 5 September 2022
NAME : Winson Satryo Budi Susanto
NIM : 2074130010050
PRODUCT : Coto daging vegan
ADVISOR : Gilbert Yanuar Hadiwirawan, A.Md. Par

PANELIST	SIGHT	SMELL	TEXTURE	TASTE	TOTAL
Panelist 1	X	√	√	√	√
Panelist 2	√	√	X	√	√
Panelist 3	√	√	X	√	√
Panelist 4	√	√	√	√	√
Panelist 5	√	√	X	X	X
Panelist 6	X	√	√	√	√
Panelist 7	√	√	X	√	√
Panelist 8	√	√	X	X	X
Panelist 9	√	√	√	√	√
Panelist 10	√	√	X	X	X

NOTES :

- Enak tapi appearance kurang menarik. Mungkin bisa ditingkatkan lagi.
- Daging vegan terlalu lembek, bila dipadukan dengan kuah daging vegan akan menyerap air lebih banyak dan semakin lembek
- tambah garnis yg baik
- There's one strong spice can't figure out what (cinnamon?), it should be reduced down. The texture of the meat is too soft doesnt have a nice bite




Logo



Nutrition Facts	
1 servings per container	
Serving size	
Amount Per Serving	
Calories	370
<small>% Daily Value*</small>	
Total Fat 18g	23%
Saturated Fat 0g	0%
Trans Fat 0g	
Sodium 1740mg	76%
Total Carbohydrate 43g	16%
Dietary Fiber 4g	14%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 0g	16%

*Percent Daily Values are based on a diet of other people's secrets.

Consultation form









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OTTIMMO
INTERNASIONAL




CONSULTATION FORM
RESEARCH AND DEVELOPMENT
FINAL PROJECT

Name : Wimron, S.B.S

Student Number : 2074130010050

Advisor : Gilbert, Yanuar, Hadiwirawan A.Md.Par.

No	Date	Topic Consultation	Name/Signature
1	5 Desember 2022	Konsultasi tentang Food Cost	
2	24 Nov 2022	Konsultasi tentang Nutrition value	
3	29 Nov 2022	Konsultasi tentang penyimpanan produk	
4	29 Nov 2022	Konsultasi tentang ketahanan produk	
5	1 Des 2022	Konsultasi tentang pengemasan produk	
6	1 Des 2022	Konsultasi tentang pemilihan bahan yang tepat untuk produk	

No	Date	Topic Consultation	Name/Signature
7	6 Des 2022	Konsultasi tentang tekstur produk	
8	6 Des 2022	Konsultasi tentang tampilan produk	
9	8 Des 2022	Konsultasi tentang bahan dalam produk	
10	8 Des 2022	Konsultasi tentang fungsi bahan pada resep	