

# CHAPTER 1

## INTRODUCTION

### 1.1 Background Of The Study

Chicken nuggets are one of the processed foods from chicken meat that have a certain taste, usually golden yellow. Currently, chicken nuggets are one of the fastest growing processed chicken meat products.

The raw materials for nuggets are pieces of chicken meat, flour, and seasonings. In the processing industry, chicken nuggets go through several stages. First, the chicken meat is ground until smooth. Then, the mill is mixed with emulsifier, flour, spices, and water so that it becomes an emulsion. Furthermore, the emulsion is given a wet coating and a dry coating. Next, the emulsion that has been given this coating is fried, until cooked. Once cooked, the chicken nuggets are frozen at very low temperatures until frozen. The final product is then packaged.

At this time Author want to make Vegetarian Nugget using “Ampas Tahu” as the main ingredients. Author make this Nugget specialy for vegetarianism (not including meat). Why ampas tahu? because ampas tahu have a very high protein and the filling had carrot and broccoli. The carrot have a lot of vitamin C and the broccoli have high vitamin K. Mushroom also add for the filling which is had vitamin D and antioxidant, so Author can call this snack is healthy snack / food.

vegetarianism is a lifestyle or activity pattern of refusing or abstaining from consuming foods derived from animals such as meat, poultry, and fish, consuming only foods from vegetables and plant products, but sometimes it is still possible to consume processed products derived from animal products such as eggs , cheese, butter, yogurt, gelatin, collagen, pepsin, honey or milk. People who practice a vegetarian lifestyle are called vegetarians.

## **1.2 The Objective Of The Study**

1. To learn about the nutritional value of recycled foods and make more use of leftover materials into something.
2. I want to prove that recycled food has a good price and good taste.
3. Make something unique as a new business chance and opportunity in the middle of modern era.