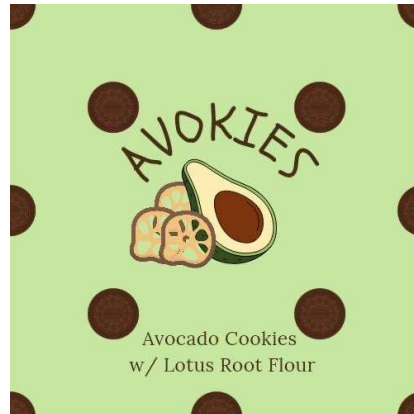


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APPENDIX

1. DESIGN & LOGO OF PACKAGING



Picture 34. Logo

2. SUPPLIER LIST

1. Lotus Root
Hokky Supermarket Graha Famili. Pradahkalikendal, Dukuhpakis,
Surabaya, Jawa Timur 60226
2. Almond flour
Tobaku, Jl. Raya Dukuh Kupang No.57A, Pakis, Kec. Dukuhpakis, Kota
SBY, Jawa Timur 60225
3. Egg
Superindo Citraland. Jalan Telaga Utama D1 No.31-32, Jeruk, Lakarsantri,
East Java
4. Avocado
Superindo Citraland. Jalan Telaga Utama D1 No.31-32, Jeruk, Lakarsantri,
East Java
5. Coconut palm sugar

Tobaku, Jl. Raya Dukuh Kupang No.57A, Pakis, Kec. Dukuhpakis, Kota SBY, Jawa Timur 60225

6. Baking powder

Tobaku, Jl. Raya Dukuh Kupang No.57A, Pakis, Kec. Dukuhpakis, Kota SBY, Jawa Timur 60225

7. Flaxseed

Sumber Kehidupan. Jl. Raya Wiguna Tengah No.11, Gn. Anyar, Kec. Gn. Anyar, Kota SBY, Jawa Timur 60294

8. Vanilla extract

Tobaku, Jl. Raya Dukuh Kupang No.57A, Pakis, Kec. Dukuhpakis, Kota SBY, Jawa Timur 60225

9. Salt

Superindo Citraland. Jalan Telaga Utama D1 No.31-32, Jeruk, Lakarsantri, East Java

3. SCANNED RECIPE APPROVED

Recipe Name : GLUTEN FREE AVOCADO SOFT COOKIES

Yield : 6 – 8 pieces

Main Ingredients : LOTUS ROOT FLOUR

Ingredients :

- 130 gr lotus root flour
- 50 gr almond flour
- 1 whole egg
- 1 avocado, mashed
- 90 gr coconut sugar
- 30 gr light brown sugar
- 1 tsp baking powder
- A pinch of salt
- 50 gr flaxseed

Method :

Making Lotus Root Flour:

1. Clean the lotus root then peel the skin of the lotus root.
2. Cut the lotus root into slices but not too thick and not too thin.
3. After that, put the lotus root in a food dehydrator for 12-24 hours until it dries.
4. Put the dried lotus root into the food processor until smooth and then strain it.

Making Gluten Free Avocado Chocolate Chips Cookies:

1. Combine the finely mashed avocado, coconut and brown sugar, egg in a medium-sized bowl.
2. In a separate bowl, whisk together the lotus root flour, almond flour, salt, and baking powder.



3. Mix together the wet and dry ingredients until just combined, then gently stir in the flaxseed
4. Using dropped method in baking paper.
5. Bake in oven at 200°C about 10-15 minutes.

Student Name : Stefanny Elisabeth
Advisor Name : Hilda Tjahjani Iskandar
Date & time of submission : 20/4/22

RECIPE BACKGROUND (50 – 100 WORDS)

Soft cookies are cakes made from flour, powdered sugar, eggs, vanilla, butter, baking powder. The texture of cookies has a crunchy texture and is not easily crushed as with pastries in general. Because it does not require high protein flour, the role of wheat flour can be replaced with other types of flour, which is lotus root flour. Lotus root contains a lot of fiber, potassium, calcium and vitamins but does not contain gluten. Lotus root can be consumed in various ways such as steamed, fried, sautéed and also has many health benefits. The role of avocado in making cookies is as a substitute for butter because it contains high protein, fiber, and fat-soluble vitamins. Avocado fruit also has health benefits. Flaxseed contains all sorts of healthy components which is omega3, lignans, and fiber. Flaxseed may reduce risks of certain cancers as well as cardiovascular disease and lung disease.

APPROVAL TABLE

CHECK LIST	POINTS	APPROVAL
WASTE MANAGEMENT	20	-
PROCESSING METHOD	20	✓
UNIQUE INGREDIENTS	20	✓
PRODUCT OUTLOOK	20	-
HEALTH & NUTRITION	15	✓
NEW MODIFICATION	5	✓
TOTAL		60

*approval min. 50 points

NOTES (filled by advisor)

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Akademi Kuliner & Patiseri
OTTIMMO
INTERNASIONAL
LEARNING ARTS CATERING BAKING & PASTRY ARTS

CULINARY INNOVATION AND NEW PRODUCT DEVELOPMENT SENSORY TEST

DATE : 14 October 2022
NAME : Stefanny Elisabeth Tjudoko
NIM : 2074130010041
PRODUCT : Avocado cookies with lotusroot flour
ADVISOR : Hilda Tjahjani Iskandar, S.E., Ak., C.A., M.M.

PANELIST	SIGHT	SMELL	TEXTURE	TASTE	TOTAL
Panelist 1	√	X	X	√	X
Panelist 2	X	√	X	√	X
Panelist 3	√	X	√	√	√
Panelist 4	√	√	√	√	√
Panelist 5	√	√	X	X	X
Panelist 6	√	√	X	√	√
Panelist 7	√	√	√	√	√
Panelist 8	X	X	X	X	X
Panelist 9	√	√	√	√	√
Panelist 10	√	√	X	√	√

NOTES :

- Tekstur bukan seperti cookies
- Seperti kurma, terlalu lengket, seperti bukan cookies



Consultation Form



Academik Kuller & Partner
OTMMMO
 INTERNATIONAL
A Center for the Development of Learning and Training

CONSULTATION FORM
RESEARCH AND DEVELOPMENT
FINAL PROJECT

Name : Stefanny Elisabeth
 Student Number : 202 21 3001 00 91
 Advisor : Hilda Tajan Iskandar

No	Date	Topic Consultation	Name / Signature
1	19/10/22	konsul bab 1	
2	19/10/22	function Facts	
3	17/10/22	cost product	
4	17/10/22	product	
5	17/10/22	REP & cost	
6.	18/10/22	packaging	

No	Date	Topic Consultation	Name / Signature
7	19/10/22	Chapter 5	
8	19/10/22	Chapter 3	
9	20/10/22	formal report	
10.	20/10/22	Final check	