

**RESEARCH AND DEVELOPMENT FINAL PROJECT**  
**AVOCADO COOKIES WITH LOTUSROOT**  
**FLOUR**



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**2022**

## PLAGIARISM STATEMENT

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Surabaya, November 18<sup>th</sup> 2022



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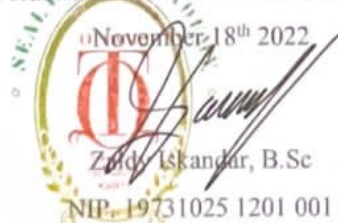
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**APPROVAL 2**

**AVOCADO COOKIES with LOTUS ROOT FLOUR**

Culinary Innovation and New Product Development report by:

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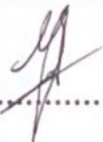
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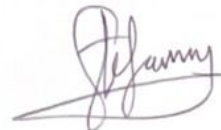
## PREFACE

First of all, I would like to thank my Holy God, Jesus Christ for his blessing and spiritual guidance in order for me to complete this Research and Development report. The main purpose for this report is to help each student in Ottimmo to be creative and innovative as we have to create a whole new product that never been in Indonesia. One of the reasons why I chose making Avocado Cookies with Lotus root Flour because I want create a cookies combined with lotus root flour that high in nutrients and many health benefit.

During this process of completing this report, I received so much guidance and report. By this, I would like to express my gratitude to the name below:

1. Mr. Zaldy Iskandar as the head Director of Ottimmo International.
2. Ms. Hilda Tjahjani Iskandar as the Head of Study Program of Ottimmo International and as my RnD mentor who helped me in so many things in order for me to understand the guideline for making this report.
3. To all chef and lectures at Ottimmo International for the guidance, teachings, and new knowledge that the author got during the process of making the thesis.
4. My parents who have supported and provided me to achieve good education and as a family role to help me in personally.
5. My friends, who helped me in the process of working of R&D.

Surabaya, November 18<sup>th</sup> 2022



Stefanny Ellisabeth

## EXECUTIVE SUMMARY

Avokies is a cookie with the main ingredients of avocado and lotus root flour. Lotus root is one of the raw materials that is rarely used in the field of baking pastry. Usually, lotus root is processed into food or used as a health drink. Lotus root has many health benefits and does not contain gluten so that lotus root can be processed into gluten free flour. Avokies is suitable for people who like to eat snacks and who allergic with gluten or gluten diet. The combination of avocado and lotus root flour will create a new product with a unique taste. Avokies can be consumed anytime and anywhere and can also be consumed by anyone.

Avokies is packaged in a modern and easy to store package so that it can attract everyone's attention. In one pack, you will get 10 cookies for Rp. 32.500. This product can be found at our booth in bazaar, or you can buy it through social media.

**Keywords:** *Avocado cookies, Lotus root flour.*

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