## CHAPTER 2

## PRODUCT OVERVIEW

### 2.1 DECRIPTION OF THE INGREDIENTS TO BE USED

1. Pisang Raja


Figure 1 Pisang Raja

The main ingredients that we are going to use to make tape, use riped bananas so the tape result will be sweet because riped banana has a natural sweet taste
2. Ragi Tape


Figure 2 Ragi Tape
Used for tape fermentation process
3. Banana Leaf


Figure 3 Banana Leaf

Used to wrap bananas that have been given yeast for the fermentation process, banana leaf allow the azetobacter microbe which is an aerobic microbe works maximum in process of converting ethanol into acetic acid
4. All-purpose flour


Figure 4 All-purpose flour
This flour is the result of a mixture of coarse and fine wheat which is very suitable and can be used for all types of cakes.
5. Full cream milk powder


Figure 5 Full Cream Milk Powder

Full cream milk powder is used to make the cake taste creamier and milky
6. Salt


Figure 6 Salt
Used to balance the flavors in proll tape, it also provides savory taste in the cake
7. Butter


Figure 7 Butter

To add flavour, softness, moisture the cake, and it also helps baked goods rise and last longer
8. Vanilla essence extract from vanilla which is used to remove the unpleasant fishy smell from eggs and to add more vanilla flavour


Figure 8 Vanilla Essence

Extract from vanilla which is used to remove the unpleasant fishy smell from eggs and to add more vanilla flavour
9. Condensed milk


Figure 9 Condensed Milk

Condensed milk is an evaporated milk that typically has sweetener added, it used to add sweetness to the cake
10. Granulated sugar


Figure 10 Granulated Sugar
Used for adding sweetness, and sugar helps the egg rise faster

## 11. Eggs



Figure 11 Egg

Used for thickening, emulsify, build volume, stabilize, and provide unique colour and flavour
12. Cheddar cheese


Figure 12 Cheddar Cheese

Used for the toppings and it gives more crunchiness texture to the cake

### 2.2 THE UTENSIL USED DURING THE PROCESSING

1. Steamer


Figure 13 Steamer

It will be used to steam the bananas before fermenting
2. Oven


Figure 14 Oven
Oven used for baking the proll tape
3. Bowl


Figure 15 Bowl
Bowl used to mix all of the ingredients
4. Fork


Figure 16 Fork
Fork used to mashed the banana tape and mix it with condensed milk

## 5. Digital Scales



Figure 17 Digital Scales

Digital scales used for measuring all of the ingredients
6. Spatula


Figure 18 Spatula

Used to stir the mixture
7. Mixer


Figure 19 Mixer
Mixer used to mix all of the ingredients and it will makes the mixture smoother than using a balloon whisk
8. Cake pan


Figure 20 Cake pan

Cake pan is a metal container that you bake a cake in
9. Measuring spoon


Figure 21 Measuring Spoon

Measuring spoon is used to measure vanilla extract and salt or tiny amounts of ingredients
10. Baking paper


Figure 22 Baking Paper

Baking paper is used to coat the bottom of the pan so the cake doesn't stick when removed from the pan

## 11. Grater



Figure 23 Grater

Grater is used to grated the cheddar cheese or any kind of ingredients
12. Cake sifter: used to sift the dry ingredients so it will breaks any lumps in the ingredients


Figure 24 Cake Sifter

Cake sifter is used to sift the dry ingredients so it will breaks any lumps in the ingredients

### 2.3 APPROVED AND REVISED RECIPE

## 1. APPROVED RECIPE

| Recipe Name | $:$ Bolu Tape Pisang |
| :--- | :--- |
| Yield | $: 3-4$ Person |
| Main Ingredients | $: 350$ gr Tape Pisang |

1. Tape Pisang

Ingredients:

- 350 gr pisang raja
- 3 butir ragi tape
- Banana leaf


## Method:

1. Steam the bananas for 30 minutes
2. Peel the bananas, and arrange it on banana leaves
3. Sprinkle the crushed yeast evenly over the bananas, sprinkle the bottom side too
4. Cover it with banana leaves for 3 days
5. Bolu Tape Pisang

Ingredients:

- 350 gr all purpose flour
- 2 tsp baking powder
- 50 gr full cream milk powder
- $1 / 4 \mathrm{tsp}$ salt
- 340 gr butter
- $1 / 4 \mathrm{tsp}$ vanilla essence
- 350 gr tape pisang +4 tbsp condensed milk
- 280 gr granulated sugar
- 6 eggs
- 2 egg yolks
- 100 gr shredded cheddar cheese

Method:

1. Preheat the oven in 180 degrees celcius
2. Mashed the tape pisang and condensed milk until it well combined, set aside
3. Prepare a bowl, add butter and vanilla essence, mix it with mixer until its completely white fluffy
4. Add the tape, and mix it again until it well combined. Add sugar and then mix it again.
5. Add the eggs one by one, mix it until it well combined
6. Add the dry ingredients mixture (All purpose flour, baking powder, and full cream milk powder), and mix it with spatula using fold technique
7. Pour the cake mixture into the cake pan, sprinkle the grated cheese on top, and bake for 45 minutes

| Student Name | : Putu Nadia Pramesti Utami |
| :--- | :--- |
| Advisor Name: | : Arya Putra Sundjaja |
| Date \& Time of Submission | $: 31 / 3 / 22 \quad 17.30$ |

## RECIPE BACKGROUND

Bananas are one of the most popular fruits. Apart from their delicious taste, bananas also have many benefits that are beneficial for our body health because bananas are source of carbohydrates and vitamin A, good for body's metabolism, increase immunity, overcome anemia, to lose weight, to nourish bones, and also for our skin health. People usually eat them immediately or are processed into fried bananas, but here I want to make something different, I want to ferment the bananas and make banana tape, and The fermentation process can increase the production of lactic acid and probiotics. These two kinds of substances are useful for improving the digestive system by killing all bad bacteria and helping the good bacteria work. And to make it more varied, I want to process it into a sponge cake, so someone who doesn't really like eating tape can still enjoy the taste and benefits of this banana tape.

APPROVAL TABLE (filled by advisor)

| CHECK LIST | POINTS | APPROVAL |
| :--- | :---: | :---: |
| WASTE MANAGEMENT | 20 | $\checkmark$ |
| PROCESSING METHOD | 20 | $\checkmark$ |
| UNIQUE INGREDIENTS | 20 | $\checkmark$ |
| PRODUCT OUTLOOK | 20 |  |
| HEALTH \& NUTRITION | 15 |  |
| NEW MODIFICATION | 5 | $\checkmark$ |
| TOTAL |  |  |

NOTES (filled by advisor)

## 2. REVISED RECIPE

Recipe Name: Bolu Tape Pisang
Yield: 3-4 Person
Main Ingredients: 30 gr Tape Pisang

1. Tape Pisang

Ingredients:

- 350 gr pisang raja
- 3 butir ragi tape
- 25 gr granulated sugar
- Banana leaf

Method:
1.Steam the bananas for 30 minutes
2. Peel the bananas, and arrange it on banana leaves
3. Sprinkle the crushed yeast and sugar evenly over the bananas, sprinkle the bottom side too
4. Cover it with banana leaves for 3 days
2. Bolu Tape Pisang

Ingredients:

- 350 gr all-purpose flour
- 50 gr full cream milk powder
- $\quad 1 / 4 \mathrm{tsp}$ salt
- 340 gr butter
- $\quad 1 / 4$ tsp vanilla essence
- 350 gr tape pisang + 4 tbsp condensed milk
- 220 gr granulated sugar
- 6 eggs
- 2 egg yolks
- 100 gr shredded cheddar cheese

Method:

1. Preheat the oven in 180 degrees celcius
2. Mashed the tape pisang and condensed milk until it well combined, set aside
3. Prepare a bowl, add butter and vanilla essence, mix it with mixer until its completely
white fluffy
4. Add the tape, and mix it again until it well combined. Add sugar and then mix it
again.
5. Add the eggs one by one, mix it until it well combined
6. Add the dry ingredients mixture (All-purpose flour, baking powder, and full cream
milk powder), and mix it with spatula using fold technique
7. Pour the cake mixture into the cake pan, sprinkle the grated cheese on top, and bake for 45 minutes

### 2.4 PRODUCT PROCESSING SEQUENCE USING FLOWCHART



Figure 26 Flowchart of processing cake

### 2.5 PRODUCT PROCESSING METHOD WITH PICTURES

### 2.5.1 Tape Pisang

1. Heat the steamer


Figure 27 Heat the steamer
2. Arrange the bananas inside the hot steamer


Figure 28 Bananas inside the hot steamer
3. Crush the granulated sugar


Figure 29 Crush granulated sugar
4. Take out the cooked bananas from the steamer


Figure 30 Take out bananas
5. Crush the tape yeast


Figure 31 Crush tape yeast
6. Mix the crushed sugar and yeast together


Figure 32 Mix sugar and yeast
7. Cut the bananas


Figure 33 Cut the bananas
8. Coat the bananas with the mixture of sugar and yeast


Figure 34 Coat the bananas
9. Arrange it on banana leaves


Figure 35 Arrange the bananas
10. Close tight the banana leaves


Figure 36 Close tight the banana leaves

### 2.5.2 Proll Tape Pisang

1. Mashed the tape pisang


Figure 37 Mashed the tape
2. Add condensed milk and mix it


Figure 38 Add condensed milk
3. Prepare a bowl, mix butter, sugar, and vanilla until white fluffy


Figure 39 Mix sugar, vanilla, and butter
4. Add the tape, mix it again until it well combined.


Figure 40 Add the tape and mix it again
5. Add the eggs one by one, mix it until it well combined


Figure 41 Add the eggs
6. Add the dry ingredients mixture (All purpose flour and full cream milk powder) and mix it with spatula using fold technique


Figure 42 Add the dry ingredients
7. Pour the cake mixture into the cake pan, sprinkle the grated cheese on top


Figure 43 Pour the cake mixture into the cake pan
8. Bake for 30-45 minutes


Figure 44 Bake the cake

