

RESEARCH AND DEVELOPMENT FINAL PROJECT

TINY BITES

(Banana Peel Cookies)



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SURABAYA

2022

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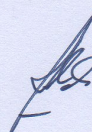
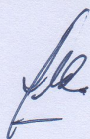
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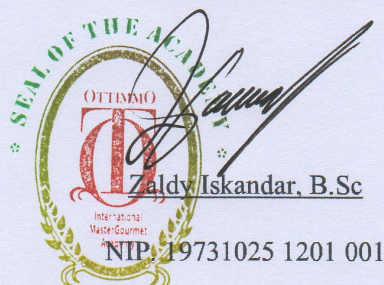
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APPROVAL 2

BANANA PEEL JAM COOKIES

Culinary Innovation and New Product Development report by:

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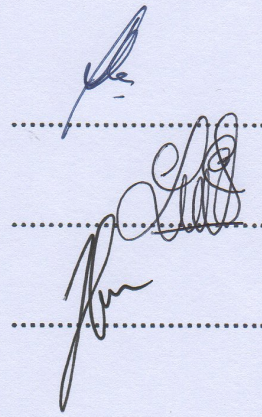
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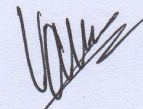
PREFACE

First of all, I would like to praise and thank to the almighty God for the blessings of his grace and spiritual guidance for me to complete this Research and Development report entitled Tiny Bites “Banana peel jam cookies”. The author has travelled a long journey in the context of completing the writing of this project. Many obstacles were faced in its preparation, but thanks to His will the author could completed the preparation of this thesis. The main purpose of this report is to help each student in Ottimmo International to be creative and innovative as we have to create a new product that has never been in Indonesia or the world.

During the process of completing this report, the author received so much guidance and support. By this I would like to express my gratitude to the name below:

1. My parents who supported and provided me to achieve a good education and as a family role helped me personally.
2. Ms. Hilda Tjahjani Iskandar as my R&D advisor helped me with so many things for me to understand the guideline for making this report.
3. Ms. Novi and Ms. Heni who helped me a lot by giving guidance.
4. To all chefs and lecturers at Ottimmo International for the guidance, teachings, and new knowledge that the author got during the process of making the thesis.
5. My dearest friends, also students of Ottimmo Josephine, Clara, Aulia and Stefanny who help me a lot by giving guidance and suggestions.

Surabaya, October 21th 2022



Valencia Evelyn

EXECUTIVE SUMMARY

Banana peel jam cookies are a new innovation that uses unused banana peels to be useful. Banana peel jam cookies can be consumed anytime and anywhere because the packaging is economical and light. This product can be found in several online shops and Tiny Bites offline stores for the Surabaya area.

Banana peels are rich in fiber can help regulate the digestive system, reduce constipation and diarrhea. This can be a very important banana peel benefit for people with Crohn's disease or irritable bowel syndrome. Banana peel also has the benefits of Vitamin A can help keep the eyes strong and healthy and can reduce the risk of cancer. Banana peels also contain phosphorus and potassium. In addition to phosphorus and potassium, other ingredients in banana peels also offer health benefits. The other nutrients found in banana peels are vitamin B6, vitamin B12, fiber, and protein. By making Banana peel jam cookies innovation, we can consume banana peels easily and taste good.

Keywords: *Banana peel jam cookies, Cookies, Banana.*

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