**BIBLIOGRAPHY**

Pakistan Journal of Nutrition 2 Asian Network for Scientific Information 2003 <https://www.researchgate.net/publication/46032412_Kefir_A_Probiotic_Dairy-Composition_Nutritional_and_Therapeutic_Aspects>

Anonymous Journal Frontiers published 2016 may, 4 <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4854945/>

Anonymous review on chemical, microbiological and nutritional characteristics of kefir <https://www.tandfonline.com/doi/full/10.1080/19476337.2014.981588>

Making coconut kefir at home by university of Guam <https://www.uog.edu/_resources/files/extension/publications/Making_Coconut_Kefir.pdf>

Coconut research and development <https://journal.coconutcommunity.org/index.php/journalicc>

Pengaruh lama fermentasi terhadap total asam, total bakteri asam laktat, total khamir dan mutu hedonic kefir air kelapa <https://ejournal3.undip.ac.id/index.php/tekpangan/article/view/23281>

Wardani,Riska Tri (2011) pembuatan Kefir air Kelapa muda sebagai inovasi minuman Fermentasi Non-susu <http://repository.ub.ac.id/148628/>

Ida Ayu Pratiharavia Pranayanti, Aji sutrisno. Pembuatan minuman probiotik air kelapa muda <https://jpa.ub.ac.id/index.php/jpa/article/viewFile/198/204>

by Rachmad, <https://www.scribd.com/document/437120646/CARA-PEMBUATAN-KEFIR>

potensi buah kelapa muda untuk kesehatan dan pengolahannya balai penelitian tanaman kelapa dan palma lain. <https://media.neliti.com/media/publications/161697-ID-potensi-buah-kelapa-muda-untuk-kesehatan.pdf>

kefir by Shintalestari <https://www.scribd.com/document/46488197/KEFIR>

kandungan kalium dan natrium dalam air kelapa. <https://jsk.farmasi.unmul.ac.id/index.php/jsk/article/view/302>

air kelapa muda dapat menurunkan tekanan darah pada penderita hipertensi <http://ejournal.poltekkes-pontianak.ac.id/index.php/JVK/article/view/398>

pengaruh pemberian air kelapa muda <https://ejournal3.undip.ac.id/index.php/jkm/article/view/11834>