

CHAPTER 2

INGREDIENTS AND UTENSILS OVERVIEW

2.1 DESCRIPTION OF THE MATERIAL TO BE USED FOR WATERMELON RINDS JAM



Picture 1. The Material to be Used

1. Watermelon rinds

Watermelon rinds is the special ingredients for the jam.

2. Strawberry

Complement for the jam.

3. Lemon juice

High pectin agent (lemon juice lowers the pH of the jam mixture, which also neutralizes those negative charges on the strands of pectin, so they can now assemble into a network that will “set” your jam)

4. Honey

Sweetener and to add more vitamin.

2.1 DESCRIPTION OF THE MATERIAL TO BE USED FOR WOCHI



Picture 2. The Material to be Used

1. White Glutinous Flour
The main ingredients to make mochi.
2. Black Glutinous Flour
Sugar substitute for a healthier option.
3. All Purpose Flour
One of the ingrediens for mochi
4. Full fat coconut milk.
Used to combine the mochi and add more nutrition.

5. Watermelon rinds jam

The secret ingredients to turn mochi into wochi.

6. Water

Used to combine the ingredients.

7. Stevia Sugar

To add sweet taste to the mochi.

2.2 THE TOOLS USED DURING THE PROCESSING



Picture 3. The Tools Used During The Processing

1. Hand Blender

Hand blender used to blend the jam.

2. Pan

Pan used to make the jam and roast the flour for dusting.

3. Cutting board

A wooden tray cutting place for cutting all the ingredients.

4. Digital Scale

Digital scale used to measure the amount of the ingredients.

5. Ceramic Bowl

Ceramic Bowl used to put and mix the ingredients and wash ingredients.

6. Plastic Tray

Plastic tray used to put the ingredients and cutting dusting the mochi..

7. Knife

Knife used to cut the ingredients.

8. Rubber Spatula

Rubber spatula used to stir and mix all ingredients in the bowl and pan.

9. Steam boiler

Steam boiler used to cook the mochi.

10. Plastic wrap

Plastic wrap used to line the baking pan so the mochi won't stick.

11. Square baking pan

Baking pan used to cook the mochi.

12. Stove

Stove used to cook the jam and mochi.

13. Zest grater

Zest grater used to zest the lemon.