

CHAPTER II

INGREDIENT AND UTENSIL OVERVIEW

2.1. Description of the Material to be Used

1. Jackfruit Seed



Picture 1. Jackfruit seed

Source: Personal documentation (2021)

The main ingredient of gnocchi moringa, the texture like potato

2. Mocaf



Picture 2. Mocaf

Source: Personal documentation (2021)

Mocaf flour is a substitute for wheat flour, mocaf flour is gluten free

3. Moringa Leaf



Picture 3. Moringa leaf

Source: Personal documentation (2021)

Moringa leaf is a plant with a myriad of benefits that comes from the *Moringaceae* tribe

4. Egg



Picture 4. Egg

Source: Personal documentation (2021)

5. Salt and Pepper



Picture 5. Salt and pepper

6. Olive Oil



Picture 6. Olive oil

Source: Personal documentation (2021)

7. Parmesan Cheese



Picture 7. Parmesan cheese

Source: Personal documentation (2021)

2.2. The Tools Used During the Process

1. Saucepan
2. Steamer
3. Bowl
4. Knead
5. Fork
6. Cutting board
7. Digital scales
8. Spatula
9. Frying pan

10. Strainer



Picture 8. Utensils

Source: Personal documentation (2021)