

CHAPTER 2

INGREDIENTS AND UTENSILS OVERVIEW

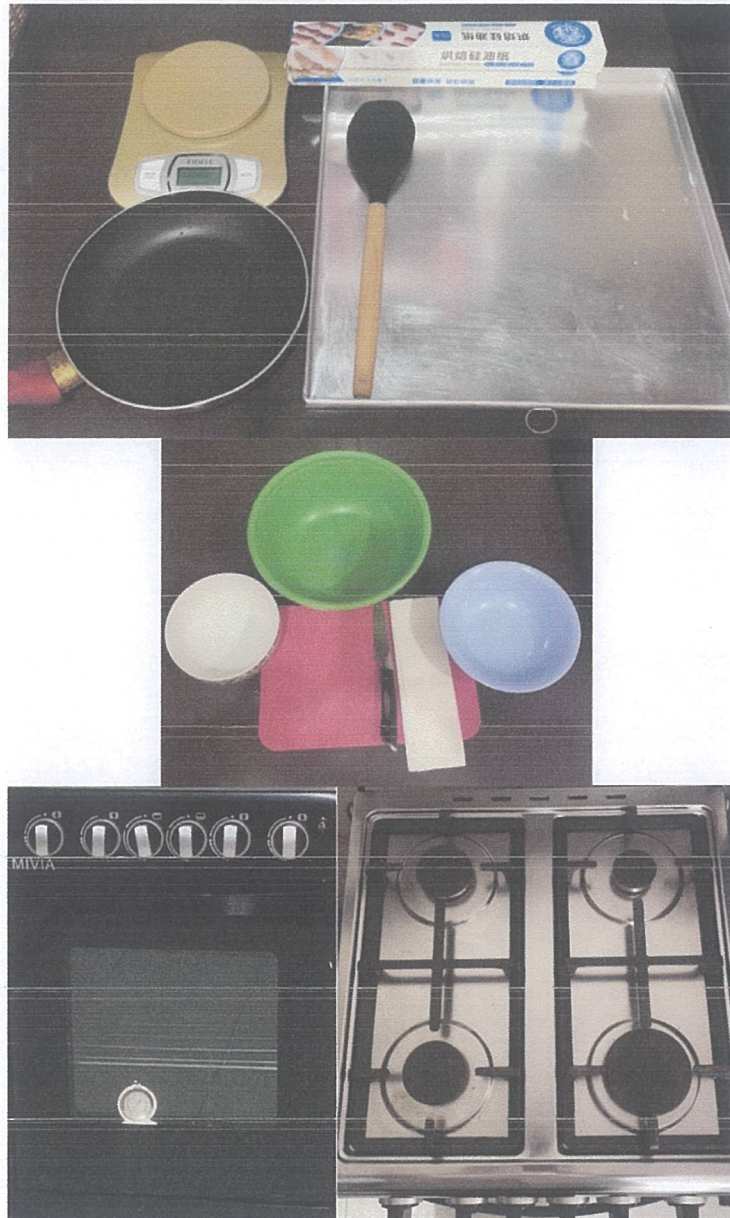
2.1 DESCRIPTION OF THE MATERIAL TO BE USED



Picture 1 The Material to be Used
Source : Personal Documentation, 2021

1. Catfish
Catfish is the main ingredients for the Lebay sprinkles.
2. Spinach
Spinach is one ingredients for the Lebay sprinkles.
3. Sesame
Sesame is one ingredients for the Lebay sprinkles.
4. Sweetener Stevia
Sweetener Stevia is the seasoning for the Lebay sprinkles.
5. Salt
Salt is the seasoning for the Lebay sprinkles.
6. Garlic Powder
Garlic Powder is the seasoning for the Lebay sprinkles.
7. Coconut Oil
Coconut Oil used to oven the catfish and spinach.

2.2 THE TOOLS USED DURING THE PROCESSING



Picture 2 The Tools Used During The Processing
Source : Personal Documentation, 2021

1. Pan
Pan used to roast the sesame
2. Paring Knife
Paring Knife to fillet the catfish

3. Silicon Spatula

Silicon spatula used to stir the roast sesame

4. Tray

Tray used to oven the catfish and spinach

5. Parchment Paper

Parchment paper used for catfish and spinach so it doesn't stick when in the oven.

6. Digital Scale

Digital scale used to measure the amount of the ingredients.

7. Ceramic Bowl

Ceramic bowl used to put and mix the ingredients

8. Plastic Bowl

Plastic bowl used to for washing catfish and spinach

9. Tissue

Tissue used to dry the spinach

10. Stove

Stove used to roast the sesame

11. Oven

Oven used to roast the catfish and spinach