

PREFACE

First of all, I would like to thank God for his blessing and guidance in order to help me complete this Research and Development project. The purpose for this project is to help student in Ottimmo International to be more creative and innovative.

As the world moves further, there are many changes that occur in the daily pattern of society. One of which is, if in the past junk was very popular now people even avoid eating junk food. Because now people are more aware about their health, they start replace their daily food into a healthier food. Since then, many food businesses are opening their healthy food brand. And that's why I came with the idea of making healthy menu that not only new and unique but also can and easily accept in society.

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