

CHAPTER 2

INGREDIENTS AND UTENSILS

OVERVIEW

2.1 DESCRIPTION OF THE MATERIAL TO BE USED



Picture 1. The Material to be Used

source : Personal documentation (2021)

1. Dates Seed

Dates seed is special ingredients for my cookie

2. Transfat Free Margarine

Transfat free margarine to mix in the cookie (less fat margarine)

3. Stevia

Stevia to replace granulated sugar (stevia contain 0 calories)

4. Egg

Egg is one of the ingredients for cookie

5. Salt

Salt is the seasoning for the sambal.

6. Vanilla Extract

Vanilla extract to add flavor vanilla for the cookie

7. Mocaflour

The important for make some cookie (mocaflour contain gluten free)

8. Baking Powder

Baking powder for evolve for the cookie

9. Dates

Dates for topping on cookie

2.2 THE TOOLS USED DURING THE PROCESSING



Picture 2. The Tools Used During The Processing

source : Personal documentation (2021)

1. saucepan

Saucepan, to boil the dates seed

2. Food processor

Food processor to grain the dates seed until soft

3. Ulekan

Ulekan used to mashed the dates seed

4. Bowl

Bowl to mix all the ingredients to make cookies

5. Oven

Oven for bake the cookies and dates seed before to grain in food processor

6. Tray

Tray for for a place to put the dough in the oven

7. Spatula

Spatula to knead the dough into 1

8. Stove

Stove to boil the dates seed