

## **EXECUTIVE SUMMARY**

Yoghurio is a non-dairy yoghurt made from combination between Red Rice and Oats milk. Since Yoghurio doesn't contain dairy, Yoghurio is safe to be consumed by vegetarian. This vegetarian yoghurt brings many benefits for human body for it contains Red Rice, Rolled Oats, Coconut Milk, Coconut sugar and probiotics. Red rice and Rolled Oats are high in fibre which are good for maintaining human digestive system. The presence of coconut milk is for making this yoghurt tastes creamier. Yoghurio also use Coconut sugar as the sweetener for coconut sugar can also give a good aroma and brown colour. Probiotics are active bacteria which is used for making yoghurt. Active bacteria that were used in the process of making this yoghurt are *S. Thermophilus*, *L. Bulgaricus*, *L. Aciophilus*, *Bifidus* and *L. Casei*.