

EXECUTIVE SUMMARY

Researcher has found a way to consume dragon fruit skin, such as mixing the dragon fruit skin into 'bakwan' mixture and make it into a new product called 'Skinnie'. Since so many people from ages like to eat 'bakwan' as a side dish and snack because of the delicious taste, that way has been chosen.

Skinnie is a healthy "bakwan" which contains a lot of vitamins that made out from dragon fruit skin, chicken, and shrimp. It has a lot of health benefit for your body. Loaded with valuable nutrients that help your body to work optimally, making Skinnie a more healthy snacks or side dishes for everybody to consume. It helps you to maintain the flexibility of your blood vessels. It contains a lot nutrients your body needed such as fiber itc.

Keyword : bakwan, nutrients, skin.