RESEARCH AND DEVELOPMENT FINAL PROJECT

SAVORY RONDE



By: Jesslyn Ignacia Moelijono 1874130010084

STUDY PROGRAM OF CULINARY ART
OTTIMMO INTERNASIONAL MASTERGOURMET
ACADEMY
SURABAYA
2020

APPROVAL 1

SAVORY RONDE

(main course dish)

Research and development report by:

JESSLYN IGNACIA MOELIJONO

1874130010084

This report is ready to presented:

Advisor,

Date: 20 April, 2020

(Gilbert Yanuar Hadiwirawan, A.Md.Par)

NIP. 19900101 1701 041

APPROVAL 2

SAVORY RONDE

(main course dish)

Research and development report by:

JESSLYN IGNACIA MOELIJONO

1874130010084

This report is already presented and

pass the exam on

05 May 2020

Examiners:

Examiner 1 :

Examiner 2 :

Examiner 3 :

Examiner 4 :

PLAGIARISM STATEMENT

I certify that this assignment and report is my own work, based in my personal research and study. This project was written by me and in my own words, except for quotations from published and unpublished sources which are clearly indicated and acknowledged as such. I am conscious that the incorporation of material from other works or a paraphrase of such material without acknowledgement will be treated as plagiarism.

I also certify that this report has not been submitted before either at Ottimmo International or elsewhere.

Surabaya, 19 March 2020

Jesslyn Ignacia Moelijono

PREFACE

As for the beginning, I would like to thank God, Jesus Christ for his blessings and spiritual guidance in order for me to complete this Research and Development report. The main purpose for this report is to help each student in Ottimmo to be more creative and innovative as we have to create a whole new product that never been in Indonesia. One of the reasons why I come up with the idea of making Savory Ronde is because I always wanted to able to change or upgrade a dish into something more remarkable.

During this process of completing this report, I received so much guidance and support. I would like to express my gratitude to the names below:

- 1. My parents who have supported and provided me a good education and as a family role to help me in personally.
- 2. Chef Gilbert as my RnD mentor who have helped me finish and understand the guideline for making this report.
- 3. Ms. Irra Chrisyanti Dewi as the Head of Study Program at Ottimmo

International.

- 4. Mr. Zaldy Iskandar as the head Director of Ottimmo International.
- 6. My dearest friends and colleagues.

Surabaya, 13th April, 2020.

Jesslyn Ignacia Moelijono

EXECUTIVE SUMMARY

What if we can switch desert into a main dish? That's what came out of my mind when I think of a brand new dish. Main dish needs to be very nutritious. To attract people to taste your new dish, it must be very unique. Ronde is a Chinese traditional hot desert. It is chewy in the outside and got something in the inside, usually it's peanut or beans, served in a bowl of hot sweet ginger. People really loves ronde, especially during winter, they search for something hot after having a dinner.

I wanted to make something different about ronde. I thought of making ronde into a main course meal. At first, it would be very strange, but it would be very lovely food to be enjoy together with families. I name this main course ronde as Savory Ronde, because doesn't taste sweet at all. The desert ronde has a round shape, meanwhile, my Savory Ronde will be oval. The chewy part will be made of sweet potato and chicken thighs for the inside. It will be serve in a hot soup.

TABLE OF CONTENTS

APPROVAL	i
PLAGIARISM STATEMENT	iv
PREFACE	
EXECUTIVE SUMMARY	
TABLE OF CONTENT	vii
LIST OF TABLES	
LIST OF PICTURES	
CHAPTER I INTRODUCTION	
1.1 Background of Ingredients	
1.2 Reason for Selection Ingredients	
CHAPTER II INGREDIENTS AND UTENSILS OVERVIEW	
2.1 Description of The Material to be used	
2.1.1 Sweet Potato	
2.1.2 Pork Thigh	
2.1.3 Tapioca Flour	
2.1.4 Rice Noodle	
2.1.5 Choy Sum	
2.1.6 Pork or Chicken Stock	
2.2 The Tools Used During the Processing.	
2.2.1 Saucepan or Steamer 2.2.2 Stove	
2.2.3 Masher	
CHAPTER III NEW PRODUCT PROCESSING SEQUENCE	
3.1 Product Processing Using Flowchart	
3.2 Product Making Process	
3.2.1 Dough Preparation.	
3.2.2 Filling Preparation	
3.2.3 Ronde Shaping	
3.2.4 Assembly	
3.3 Complete recipe	
CHAPTER IV NEW PRODUCT OVERVIEW	
4.1 Nutrition Fact	17
4.1.1 Sweet Potato	17
4.1.2 Tapioca Flour	18
4.1.3 Chicken Thigh	19
4.1.4 Complete Nutrition Fact.	
CHAPTER V BUSINESS PLAN	
5.1 Identification of Investment Opportunities	
5.1.1 Company Profile, Vision, and Mission	
5.1.2 Stakeholder	
5.1.3 SWOT Analysis	
5.1.4 Marketing Aspect	
5.1.5 Technical Aspects	
5.1.6 Financial Aspect	25

5.1.6.1 Variable Cost	25
5.1.6.2 Fixed Cost	
5.1.6.3 Investment Feasibility	
5.1.7 Legal Aspects	27
CHAPTER VI CONCLUSION AND SUGGESTION	
6.1 Conclusion	29
6.2 Suggestion	
REFERENCES	
APPENDIX	33
Appendix 1. Packaging Design	
Appendix 2. Supplier List	
Appendix 3. Product Logo	
APPROVED RECIPE ATTACHED	
FORM CONSULTATION	36

LIST OF TABLES

Table 1. Variable Cost in Food Cost and Packaging Cost	23
Table 2. Fixed Cost	24

LIST OF PICTURES

Figure 1. Sweet Potato as the main ingredient	5
Figure 2. Pork or Chicken Thigh as the protein	5
Figure 3. Tapioca Flour for sweet potato dough	6
Figure 4. Rice Noodle as the Carbohydrate	6
Figure 5. Choy Sum as the fiber	6
Figure 6. Pork or Chicken Stock as the soup	7
Figure 7. Saucepan for Boiling the sweet potato	8
Figure 8. Stove for the whole cooking process	8
Figure 9. Masher for mashing the soften sweet potato	8
Figure 10. Raw Sweet Potato	
Figure 11. Cut and Steam the Sweet Potato	. 10
Figure 12. Mash the Sweet Potato	. 10
Figure 13. Pour in the Tapioca Flour	. 10
Figure 14. Form into a dough	. 10
Figure 15. Sauces for cooking the meat	. 11
Figure 16. Cooked Meat	11
Figure 17. Flatten the dough	
Figure 18. Put the meat in the middle	.12
Figure 19. Cover everything with the dough	.12
Figure 20. Form into an oval shape	12
Figure 21. Boil the Ronde	12
Figure 22. Chicken Stock	12
Figure 23. Plated Savory Ronde	. 12
Figure 24. Sweet Potato Nutrition fact	
Figure 25. Tapioca Flour Nutrition Fact	16
Figure 26. Chicken Thigh Nutrition Fact	18
Figure 27. Product Before Packaging	. 30
Figure 28. Packaging Design	. 30
Figure 29. Product Logo	. 31