APPENDIX

Appendix A

Logo



Appendix B

Packaging Label



125 g



Appendix C

Supplier List

- 1. Toko 21 Cempaka Baru, Central Jakarta (Tokopedia): Mung Bean Blue Ribbon
- 2. Gulaku Official, Central Jakarta (Tokopedia): Granulated Sugar
- 3. Sombrero, Bandung (Tokopedia): Vegan Yogurt Starter
- 4. Jaya Plastik, West Jakarta (Tokopedia): Cup, Lid, and Spoon
- 5. Karomah on Resto, South Tangerang (Tokopedia): Aluminium Seal, Plastic Seal, and Hot Air Gun
- 6. SmartPrint, South Tangerang: Lid Label Sticker and Side Label Sticker
- 7. Ace Hardware: Food Scale and Jars
- 8. Dunia Keju, Surabaya (Shopee): Cheese Cloth
- 9. Hoki Makmur, Surabaya (Shopee): Thermometer

MUNG BEAN YOGHURT

(Beanjo Yoghurt)

Yield

:1L

Ingredients

200 g

mung bean (main ingredient)

1600 mL

water

30 g

granulated sugar

5

yoghurt starter

Method

- 1. Soak mung bean in water overnight. Drain and blend it with 1600 mL of water. Strain with cloth.
- 2. Cook the mung bean milk at 85 °C for 25 minutes. Add in sugar and stir until dissolved
- 3. Cool it down until it reaches 43 °C. Mix in the yoghurt starter until well combined.
- 4. Put it in a sterilized jar at 43 °C for 4 hours or put it in a room temperature for 12 hours.
- 5. The mung bean yoghurt is ready once it sets. Then, put it in a chiller.

Serving Method

Serve cold with oat and fruit slices.

Health Benefits

- Rich in important nutrients
- High in protein
- Good for digestive health
- Good for heart health
- Lower blood sugar levels
- Strengthen immune system
- Promote weight management
- Support a healthy pregnancy

Name

: Elsa Gabriela

Date of Submission: 4 February 2020

Student's Signature:

Slag

