

EXECUTIVE SUMMARY

For everyone like children, teenagers, adults, snacks are not necessarily healthy. The most fatal is the difficulty maintaining a good diet. Of course, parents and children want to be healthy, especially eating patterns, because eating problems do not mean they do not need the intake of nutrients that cause friendly cholesterol.

By seeing this opportunity, we took the initiative to make cholesterol-friendly snacks for parents and children. Because in general children, adolescents, parents do not want to eat healthy food because it will cause difficulty eating. However, we have a new innovation by replacing sugar with dates in our snack product "Roasted Sweet Potato Brownies" and there is a sweet potato flavor that will help the digestive health of children, teenagers, parents. This product is harmless because it contains dates instead from sugar.