

RESEARCH AND DEVELOPMENT FINAL PROJECT

TING-TING BETON

(THE JACKFRUITS NOUGATINE)



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PREFACE

Praise and thanks to God Almighty for the successful completion of this report. The Author can complete the writing of Research and Development Final Project Entitled “Tingting Beton”. This report is prepared as on of the requirments to complete the Diploma III of Culinary Arts.

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Finally, the Authors hope that this report can be useful for us all.

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EXECUTIVE SUMMARY

The main ingredients of ting-ting beton is *beton* . Firstly , beton is originally from Javanese, it means jackfruit seeds. I choose beton as a main ingredients because is not often used in Indonesia . as far as I know beton is only used as a vegetable in small village in Indonesia and jackfruit seeds are very easy to get even not in right season.

jackfruit seeds contains a lot of carbohydrate , protein , fiber , vitamin A , B , C . Jackfruit seeds also complete by calcium and phosphor .

Tinging beton is using local market ingredients with high quality and fresh, it means we can keep the quality product above the average but we also can compete with market price. For packaging we use plastic jar to keep the nougatine from air. Our target market are all ages from 7 years old to adult , with specific criteria that are modern people who enjoyed healthy food.

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