

**RESEARCH AND DEVELOPMENT FINAL PROJECT**

**Lycoperdaucus Roll Ups  
(Healthy candy In High Carbohydrate Contained from  
Processed Carrot and Tomato for All Consumers)**



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**Approval:**

**RESEARCH AND DEVELOPMENT FINAL PROJECT**

LYCOPERDAUCUS ROLL UPS  
( High in Carbohydrates and Vitamins )

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5. All who are involved in the making of this RnD project.

Surabaya, Agustus 2019

Ferdinand Nugroho

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Surabaya, 10 September 2019

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## EXECUTIVE SUMMARY

Nowadays many children "have dangerous diseases. This disease arises because of the lack of consumption of a lot of vegetables. Children do not like to consume vegetables because vegetables have a bad taste, even though vegetables have a lot of kasiat needed by the body.

From that problem I made this food so that children "can consume healthy candy. This candy is made from vegetables. Vegetables that I use are tomatoes and carrots. I use tomatoes and carrots because carrots have a sweet and healthy taste to the eyes, whereas tomatoes have taste slightly acidic and can prevent cancer.

The main content of protein and carbohydrate which is high can provide a role source of carbohydrates. Health benefits of carrots are maintain eye health, reduce the risk of cancer, reduce the risk of heart disease, reduce cholesterol level, maintain healthy skin, slow down aging, overcome constipation. Health benefits of tomato are maintain eye health, facilitate the digestive system, reduce cholesterol level, maintaining heart health, prevent cancer, help strengthen bones, maintain health skin, prevent depression.

"Lycoperdaucus Roll Ups" will be open in Surabaya. Our product target is lower to upper and for all ages. The price we given Rp 15.000/ pack. Each pack contains 7 pcs.

**Keyword** : carrot, tomato, high carbohydrates, all ages, price

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