#### Reference

- Anonymous. 2018. http://foodnsport.com/assets/images/articles/cempedak-NutritionFacts640x447.jpg. Accessed on 5th 2018
- Anonymous. 2018. https://www.fda.gov/food/ingredientspackaginglabeling/foodallergens/uc m07 9311.htm. Accessed on 5th 2018
- Anonymous. 2018. http://www.geniuskitchen.com/about/cumin-20. Accessed on August 6th 2018
- Anonymous. 2018. http://mousamvalleymushrooms.com/wp-content/uploads/2015/04/nutrition.png. Accessed on 6th 2018
- Anonymous. 2018. https://www.mushroom-appreciation.com/oyster-mushrooms.html. Accessed on 6th 2018
- Anonymous. 2018. https://www.myfitnesspal.com/food/calories/409635151. Accessed on August 6th 2018
- Anonymous. 2018. http://www.specialtyproduce.com/produce/Cempedak\_12824.php. Accessed on August 6th 2018
- Fatma, Lailatul. 2014. http://fatmaisme21.blogspot.com/2014/05/mandai-sebagai-produk-biokimia.html. Accessed on August 6th 2018
- Kolak, Marynia. 2018. *How Does a Digital Scale Work*. https://www.hunker.com/12183358/how-does-a-digital-scale-work. Accessed on 6th 2018
- Plavaneeta, Borah. 2017. What is Palm Sugar? Is it really good for you? https://food.ndtv.com/food-drinks/palm-sugar-and-its-health-benefits-is-it-really-good-for-you-1292110. Accessed on 6th 20

### **APPENDIX**

## **Final Recipe**

### **Mandai Patty**

### **Ingredients**

150 gr N	<i>I</i> landai
----------	-----------------

70 gr Oyster Mushroom

½ tsp Cumin

3/4 tsp Coriander Seed

1 cm Galangal

1 clove Garlic

1 Thick Kaffir Lime Leaf

20gr Palm Sugar

2 Bird's Eye Chilis

½ tsp Mushroom flavor enhancer

½ tsp Salt

### Steps:

- 1. First, take out Mandai from the container.
- 2. Separate the Mandai with the immersing water. The water can just be thrown away.
- 3. Put Mandai into plain water for cooking. Let it sit for three to five minutes to evaporate the smell and reduce the saltiness of the brine.

- 4. Once the smell is tolerably reduced, take it out and squeeze the excess water.
- 5. Usually, prepacked Mandai are already cut in small pieces. Unless it is not, then the Mandai needs to be cut into a smaller pieces to fit inside the food processor
- 6. We have the Mandai done. Then we wash the mushroom and slice it small.
- 7. Blend all the cumin, coriander seed, galangal, garlic, palm sugar first until smooth.
- 8. Slice thin the kaffir lime leaf
- 9. Put the sliced Mandai and mushroom into food processor with blended spices and sliced lime leave
- 10. Blend it until it gets mixed, but not too smooth. Just until a little crude.
- 11. Meanwhile, heat the griddle, brush it with oil
- 12. Shape the patty into round shape.
- 13. Grill them with minimal handling until brown on both sides. Make sure the heat on constant medium, to avoid burning.
- 14. Once cooked take it off the heat and let cool
- 15. Once cooled, it is ready to be put into the packaging

# Logo and Packaging

