

CHAPTER VI

CONCLUSION

6.1. Conclusion

Red dragon fruit is a fruit with a lot of benefit. Besides the benefit of the nutrients content, it turns out that all parts of the red dragon fruit can be utilized. The author try to use the skin, besides to make a zero waste, because the skin actually still has nutrition, namely fiber.

Based on the nutrition calculation, known the nutrition from the cookies are Protein 17,48kcal; Fat 189,81kcal; Carbohydrate 240,6 kcal; Fiber 119,48 kcal. Total energy from one packaging/140g cookies is 794,318 kcal. And from the selling price calculation, known the price is IDR 24,500 rounded to IDR 25,000.

This cookies will be sell by social media (Instagram) and online shopping (Tokopedia) in hope of being able to compete with a lot of cookies variations in market and can be consumed by all communities.

6.2. Suggestion

The suggestion from the author are :

1. Need further research on processing the red dragon fruit peel.
2. Need another trial to find what products that match the texture of the flour.

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