CHAPTER V

CONCLUSION AND SUGGESTION

5.1 Conclusion

Now days many people are looking for easy and healthy food. Now people are too busy because of work and everything and so did not have time to cook. Therefore the writer makes a healthy food and filling the stomach, simply reach into the pocket, that price is not quite high.

The health benefit of jackfruit as our main ingredients will improve your body from head to toe, from your eye sight, heart, cholesterol, digestion system, and skin. Our products have many benefits.

And last but not least the writer belive if our products will be accepted by society because in addition to having various properties are also very affordable a have a high taste, highly maintain the quality with hygiene process and of course delicious so do not hesitate to choose our jackfruit cookies become one of the important part in your daily life

5.2 Suggestion

Based on the above conclusion, the following suggestion can be made.

- This product should relevant to people lifestyle nowdays, considering how much the health benefit that the writer over can reduce the risk of various illness.
- The importance of health must be realized by everyone to make their eating behavior fun with no burden.
- Quality and processing ingredients does affect to end product, therefore the writer must maintain the quality and hygiene while processing in order to give the higher nutrition to our customers.
- Promoting a new product should fun and easy to be absorb by customers using social media and from our outside packaging.

REFFERENCE

- Anonymous. 2015. **Lawyers Jurists**. http://www.lawyersnjurists.com/article/32205/marketing-plan-jackfruit-cake.html. Diakses tanggal 10 Juny 2017
- Wolf, Nicky. 2016. Powdered Milk Nutritional Facts.
- Anonymous. 2017. **Calories Fit**. http://www.caloriesfit.com/carrots-nutrition-facts-health-benefits. Diakses tanggal 3 Juli 2017
- Anonymous. 2017. **25 Amazing Benefits And Uses Of Jackfruit**. https://www.healthbeckon.com/jackfruit-fruit-benefits/. Diakses tanggal 23 juli 2017
- Anonymous. 2017. **Jackfruit**. http://www.specialtyproduce.com/produce/Jack_Fruit_693.php. tanggal 23 juli 2017
- Anonymous. 2017. **Nutrition Value.**org. https://www.nutritionvalue.org/Garlic%2C_raw_nutritional_value.html. Diakses tanggal 5 Juli 2017
- Anonymous. 2017. **The Meaning of the Dream Symbol.** http://dreamicus.com/garlic.html. Diakses tanggal 6 Juli 2017
- Anonymous. 2017. **Are Chocolate Chips Healthy?**. https://www.livestrong.com/article/367457-are-chocolate-chips-healthy/. Diakses tanggal 25 juli 2017
- Anonymous. 2017. **Nutritional Value Chocolate Chip**. https://www.livestrong.com/article/310894-the-nutritional-facts-for-nestle-chocolate-chips/. Diakses tanggal 5 Agustus 2017
- Anonymous. 2017. **Nutritional Value.** http://www.myfitnesspal.com/food/calories/nestle-toll-house-semisweet-chocolate-chips-370887284. Diakses tanggal 7 Agustus 2017
- Anonymous. 2017. **Signs and Symptoms of Bath Salts Abuse**. http://www.narconon.org/drug-abuse/signs-symptoms-bath-salts.html. Diakses tanggal 6 Juli 2017
- Anonymous, 2017. **Table Salt**. https://g.co/kgs/iA6gmC. Diakses tanggal 8 Juli 2017
- Anonymous. 2017. **Tapioca Flour.** https://g.co/kgs/zPTr9p. Diakses tanggal 8 Juli 2017
- Anonymous. 2015. **Not enough** salt = What? .http://www.goaskalice.columbia.edu/ansThe enough-salt-what-0. Diakses tanggal 12 Juli 2017
- Anonymous. 2017. **Verry Well**. https://www.verywell.com/recipe-nutrition-analyzer-4129594. Diakses tanggal 9 Agustus 2017
- Anonymous. 2017. **Dendeng Jamur**. https://m.tokopedia.com/pinad/dendeng-jamur-vegan. Diakses tanggal 21 Agustus 2017
- Axe, Josh. 2017. **Tapioca Flour: The Best 'Peforming' Gluten-Free**. https://draxe.com/tapioca-flour. Diakses tanggal 8 Juli 2017
- Mahmud, Nadia. 2012. **Nutrition Diaries**. https://nutritiondiaries.com/tag/red-chilli. Diakses tanggal 3 Juli 2017
- Anonymous. 2017. **Gamesa Cookies SWOT Analysis, USP & Competitors**. http://www.mbaskool.com/brandguide/food-and-beverages/5852-gamesa-cookies.html.