

# CHAPTER I

## INTRODUCTION

### 1.1 background

Belimbing is a typical fruit shape fruit originating from indonesia, india an sri lanka. Currently, starfruit has spread throughout southeast asia, the dominican republic, brazil, peru, ghana. Commercial cultivation is done in the united states. In south florida and hawaii. In indonesia, this fruit became an icon city of depok, west java, since 2007.

Star fruit is greenish yellow. When the newly grown, the fruit is green. If cut, this has a star shaped cross section. Small seeds and brown. The fruit is crispy when eaten, it tastes sweet and slightly sour. This fruit contains many vitamin C

One type of starfruit, called belimbing wuluh, is often used for cooking spices, especially to give a sour taste to the cuisine. One area that is famous for starfruit production is demak, central java. Belimbing demak is famous for its large size, bright yellow color and sweet taste.

And my reason why i make this starfruit jam because for me this is something new and yet no other than lovers of starfruit or fruit lovers will surely be curious because if the jam strawberry, jam pineapple, taste is already very ordinary but if the starfruit jam would have been no other the fruit star, fruit also has many benefits for health and body, in addition if made into a jam would be many people will be more happy and easy to consume it because have in mix with other food products example is bread

Star fruit, as in many other fruits will also provide good health benefits because of the nutrients it contains, carambola (averrhoa carrambola) also has efficacy for treatment as antipyretic and expectorant, so traditional secrets can be used to treat cough in children. Fruit known contain lots of vitamin c is also good eaten cancer patients. Traditionally root of starfruit is also used to cure headache and joint pain. While the leaves can be used to treat stomach ulcers, inflamed skin ulcers.

Carambola is one of the tropical fruits that are very low in calories. 100gram star fruit provides 31 calories, which is much lower than the calories in other popular tropical fruits. Nevertheless, starfruit contains many important nutrients, such as antioxidants, minerals, and vitamin needed for health

And i am sure this product will be sold and accepted by the community because not only has many benefits but also has a delicious taste,and different in comparison to other existing jam

## 1.2 Objective

1. presenting starfruit jam as a new jam variant product with unique taste.
2. presenting starfruit jam f or jam lovers or starfruit lovers
3. introducing benefits from starfruit jam to people