### **BIBILIOGRAPHY**

About Centara Hotels & Resorts | Company overview. (n.d.). <a href="https://www.centarahotelsresorts.com/aboutcentara">https://www.centarahotelsresorts.com/aboutcentara</a>

Centara Karon Resort - a family-friendly beach resort in Phuket. (n.d.-b). <a href="https://www.centarahotelsresorts.com/centara/ckr?gad\_campaignid=221311">https://www.centarahotelsresorts.com/centara/ckr?gad\_campaignid=221311</a>
<a href="mailto:126&gad\_source=1">126&gad\_source=1</a>

### **APPENDIX**

### RECAPTULATION OF INDUSTRIAL TRAINING ACTIVITIES

Name: Malvin Matthew Chandra

Study Program: Internship

Placement of Industrial Training: CENTARA KARON RESORT PHUKET

Field of Work: Bistro Grill & Bar – Hot Kitchen and Cold Kitchen

Activities	Notes: Month I/II/III/VI/V/VI
Week	Description of activities
1	Cook meals for buffet at morning.
	<ul><li>Set up buffet area.</li></ul>
	Set up egg station ( egg mixture, pan, spatula, and condiment for omelet).
	☐ Stand by at egg station.
	Clear up buffet area.
	Chose the food to be stored and to be cleared.
	Reffiling sauce (ketchup, Chilli sauce, honey, mapel syrup, choocolate sauce, and vanila sauce).
	Preparing condiment for omelet(onion, garlic, cheese, tomato, capsicum, spinach, bacon, and Chicken ham).
	☐ Baking bacon.
	☐ Crack an egg for egg mixture.
	After all finish, don't forget to label all items before
	putting them in chiller.
2	Cook meals for buffet at morning.
	☐ Set up buffet area.
	Set up egg station ( egg mixture, pan, spatula, and condiment for omelet).
	☐ Stand by at egg station.
	Clear up buffet area.
	Chose the food to be stored and to be cleared.
	Reffiling sauce (ketchup, Chilli sauce, honey, mapel syrup, choocolate sauce, and vanila sauce).
	Preparing condiment for omelet(onion, garlic, cheese, tomato, capsicum, spinach, bacon, and Chicken ham).
	Baking bacon.
	☐ Crack an egg for egg mixture.

	After all finish, don't forget to label all items before putting them in chiller.
3	Cook meals for buffet at morning.
	☐ Set up buffet area.
	Set up egg station ( egg mixture, pan, spatula, and condiment for omelet).
	☐ Stand by at egg station.
	Clear up buffet area.
	Chose the food to be stored and to be cleared.
	Reffiling sauce (ketchup, Chilli sauce, honey, mapel syrup, choocolate sauce, and vanila sauce).
	Preparing condiment for omelet(onion, garlic, cheese, tomato, capsicum, spinach, bacon, and Chicken ham).
	Baking bacon.
	☐ Crack an egg for egg mixture.
	☐ After all finish, don't forget to label all items before
	putting them in chiller.
4	Cook meals for buffet at morning.
	☐ Set up buffet area.
	Set up egg station ( egg mixture, pan, spatula, and condiment for omelet).
	☐ Stand by at egg station.
	☐ Clear up buffet area.
	Chose the food to be stored and to be cleared.
	Reffiling sauce (ketchup, Chilli sauce, honey, mapel syrup, choocolate sauce, and vanila sauce).
	☐ Preparing condiment for omelet(onion, garlic, cheese,
	tomato, capsicum, spinach, bacon, and Chicken ham).
	Baking bacon.
	Crack an egg for egg mixture.
	After all finish, don't forget to label all items before putting them in chiller.

Week	Description of activities
1	Cook meals for buffet at morning.
	☐ Set up buffet area.
	Set up egg station ( egg mixture, pan, spatula, and
	condiment for omelet).
	Stand by at egg station.

	☐ Clear up buffet area.
	Chose the food to be stored and to be cleared.
	Reffiling sauce (ketchup, Chilli sauce, honey, mapel syrup, choocolate sauce, and vanila sauce).
	Preparing condiment for omelet(onion, garlic, cheese,
	tomato, capsicum, spinach, bacon, and Chicken ham).
	☐ Steam potato or sweet popato.
	Cutting already cook pottato or sweet potato.
	☐ Baking bacon.
	☐ Crack an egg for egg mixture.
	After all finish, don't forget to label all items before putting them in chiller.
2	☐ Cook meals for buffet at morning.
	☐ Set up buffet area.
	<ul> <li>Set up egg station ( egg mixture, pan, spatula, and condiment for omelet).</li> </ul>
	Stand by at egg station.
	Clear up buffet area.
	Chose the food to be stored and to be cleared.
	Reffiling sauce (ketchup, Chilli sauce, honey, mapel syrup, choocolate sauce, and vanila sauce).
	Preparing condiment for omelet(onion, garlic, cheese, tomato, capsicum, spinach, bacon, and Chicken ham).
	☐ Steam potato or sweet popato.
	Cutting already cook pottato or sweet potato.
	☐ Baking bacon.
	☐ Crack an egg for egg mixture.
	After all finish, don't forget to label all items before
	putting them in chiller.
3	☐ Cook meals for buffet at morning.
	☐ Set up buffet area.
	<ul> <li>Set up egg station ( egg mixture, pan, spatula, and</li> </ul>
	condiment for omelet).
	☐ Stand by at egg station.
	☐ Clear up buffet area.
	Chose the food to be stored and to be cleared.
	Reffiling sauce (ketchup, Chilli sauce, honey, mapel syrup,
	abaggalata sayaa and yanila sayaa)

choocolate sauce, and vanila sauce).

	Preparing condiment for omelet(onion, garlic, cheese,
	tomato, capsicum, spinach, bacon, and Chicken ham).
	Making waffle and pancake mixture.
	Baking bacon.
	Crack an egg and add milk for egg mixture and can be use
	for french toast mixture.
	After all finish, don't forget to label all items before
	putting them in chiller.
4	Cook meals for buffet at morning.
	Set up buffet area.
	Set up egg station ( egg mixture, pan, spatula, and
	condiment for omelet).
	Stand by at egg station.
	Clear up buffet area.
	Chose the food to be stored and to be cleared.
	Reffiling sauce (ketchup, Chilli sauce, honey, mapel syrup,
	choocolate sauce, and vanila sauce).
	Preparing condiment for omelet(onion, garlic, cheese,
	tomato, capsicum, spinach, bacon, and Chicken ham).
	Making waffle and pancake mixture.
	Baking bacon.
	Crack an egg and add milk for egg mixture and can be use
	for french toast mixture.
	After all finish, don't forget to label all items before
	putting them in chiller.

Week	Description of activities
1	Cook meals for buffet at morning.
	☐ Set up buffet area.
	Set up egg station ( egg mixture, pan, spatula, and
	condiment for omelet).
	Stand by at egg station.
	☐ Clear up buffet area.
	Chose the food to be stored and to be cleared.
	Reffiling sauce (ketchup, Chilli sauce, honey, mapel syrup,
	choocolate sauce, and vanila sauce).
	Preparing condiment for omelet(onion, garlic, cheese,
	tomato, capsicum, spinach, bacon, and Chicken ham).
	Making waffle and pancake mixture.

	☐ Baking bacon.
	☐ Crack an egg and add milk for egg mixture and can be use
	for french toast mixture.
	☐ After all finish, don't forget to label all items before
	putting them in chiller.
2	Cook meals for buffet at morning.
	☐ Set up buffet area.
	☐ Set up egg station ( egg mixture, pan, spatula, and
	condiment for omelet).
	☐ Stand by at egg station.
	☐ Clear up buffet area.
	Chose the food to be stored and to be cleared.
	Reffiling sauce (ketchup, Chilli sauce, honey, mapel syrup,
	choocolate sauce, and vanila sauce).
	Preparing condiment for omelet(onion, garlic, cheese,
	tomato, capsicum, spinach, bacon, and Chicken ham).
	Making waffle and pancake mixture.
	☐ Baking bacon.
	☐ Crack an egg and add milk for egg mixture and can be use
	for french toast mixture.
	After all finish, don't forget to label all items before
	putting them in chiller.
3	Cook meals for buffet at morning.
	☐ Set up buffet area.
	Set up egg station ( egg mixture, pan, spatula, and
	condiment for omelet).
	☐ Stand by at egg station.
	☐ Clear up buffet area.
	Chose the food to be stored and to be cleared.
	Reffiling sauce (ketchup, Chilli sauce, honey, mapel syrup,
	choocolate sauce, and vanila sauce).
	Preparing condiment for omelet(onion, garlic, cheese,
	tomato, capsicum, spinach, bacon, and Chicken ham).
	Making waffle and pancake mixture.
	☐ Baking bacon.
	☐ Crack an egg and add milk for egg mixture and can be use
	for french toast mixture.
	☐ After all finish, don't forget to label all items before
	putting them in chiller.
4	☐ Cook meals for buffet at morning.

	Set up buffet area.
	Set up egg station ( egg mixture, pan, spatula, and
	condiment for omelet).
	Stand by at egg station.
	Clear up buffet area.
	Chose the food to be stored and to be cleared.
	Reffiling sauce (ketchup, Chilli sauce, honey, mapel syrup, choocolate sauce, and vanila sauce).
	Preparing condiment for omelet(onion, garlic, cheese, tomato, capsicum, spinach, bacon, and Chicken ham).
	Making waffle and pancake mixture.
	Baking bacon.
	Crack an egg and add milk for egg mixture and can be use
	for french toast mixture.
	After all finish, don't forget to label all items before
	putting them in chiller.

Week	Description of activities
1	☐ Cook meals for buffet at morning.
	☐ Set up buffet area.
	<ul> <li>Set up egg station ( egg mixture, pan, spatula, and condiment for omelet).</li> </ul>
	☐ Stand by at egg station.
	☐ Clear up buffet area.
	Chose the food to be stored and to be cleared.
	Reffiling sauce (ketchup, Chilli sauce, honey, mapel syrup, choocolate sauce, and vanila sauce).
	Preparing condiment for omelet(onion, garlic, cheese, tomato, capsicum, spinach, bacon, and Chicken ham).
	Making waffle and pancake mixture.
	☐ Baking bacon.
	Crack an egg and add milk for egg mixture and can be use for french toast mixture.
	After all finish, don't forget to label all items before putting them in chiller.
2	Cook meals for buffet at morning.
	☐ Set up buffet area.
	Set up egg station ( egg mixture, pan, spatula, and condiment for omelet).

	1	
		Stand by at egg station.
		Clear up buffet area.
		Chose the food to be stored and to be cleared.
		Reffiling sauce (ketchup, Chilli sauce, honey, mapel syrup, choocolate sauce, and vanila sauce).
		Preparing condiment for omelet(onion, garlic, cheese, tomato, capsicum, spinach, bacon, and Chicken ham).
		Making waffle and pancake mixture.
		Baking bacon.
		Crack an egg and add milk for egg mixture and can be use
		for french toast mixture.
		After all finish, don't forget to label all items before
		putting them in chiller.
3		Cook meals for buffet at morning.
		Set up buffet area.
		Set up egg station ( egg mixture, pan, spatula, and condiment for omelet).
		Stand by at egg station.
		Clear up buffet area.
		Chose the food to be stored and to be cleared.
		Reffiling sauce (ketchup, Chilli sauce, honey, mapel syrup,
		choocolate sauce, and vanila sauce).
		Preparing condiment for omelet(onion, garlic, cheese, tomato, capsicum, spinach, bacon, and Chicken ham).
		Making waffle and pancake mixture.
		Baking bacon.
		Crack an egg and add milk for egg mixture and can be use
		for french toast mixture.
		After all finish, don't forget to label all items before
		putting them in chiller.
4		Cook meals for buffet at morning.
		Set up buffet area.
		Set up egg station ( egg mixture, pan, spatula, and condiment for omelet).
		Stand by at egg station.
		Clear up buffet area.
		Chose the food to be stored and to be cleared.
		Reffiling sauce (ketchup, Chilli sauce, honey, mapel syrup,
		choocolate sauce, and vanila sauce).

Preparing condiment for omelet(onion, garlic, cheese,
tomato, capsicum, spinach, bacon, and Chicken ham).
Making waffle and pancake mixture.
Baking bacon.
Crack an egg and add milk for egg mixture and can be use
for french toast mixture.
After all finish, don't forget to label all items before
putting them in chiller.

Week	Description of activities
1	Take cart and go to big chiller and take various of fruits.
	Prepare for buffet (cutting fresh fruits)
	Set up buffet area (cereals, fruits, juice, milk, cheese,
	bologna, yogurt, salad, and salad fruit).
	Helping hot kitchen cook for buffet.
	☐ Go stand by at egg station.
	☐ Clear up buffet area.
	Chose the food to be stored and to be cleared.
	Reffiling cereals, nuts, biscuits.
	Storting juice, milk, and yogurt.
	Helping hot kitchen prepare for tomorrow buffet (baking
	bacon, steam potato, cutting condiments, making waffel or
	pancake mixture, crack an egg for egg mixture).
	After all finish, don't forget to label all items before
	putting them in chiller.
2	☐ Take cart and go to big chiller and take various of fruits.
	☐ Prepare for buffet (cutting fresh fruits)
	☐ Set up buffet area (cereals, fruits, juice, milk, cheese,
	bologna, yogurt, salad, and salad fruit).
	☐ Helping hot kitchen cook for buffet.
	☐ Go stand by at egg station.
	☐ Clear up buffet area.
	☐ Chose the food to be stored and to be cleared.
	Reffiling cereals, nuts, biscuits.
	Storting juice, milk, and yogurt.

	<ul> <li>Helping hot kitchen prepare for tomorrow buffet (baking bacon, steam potato, cutting condiments, making waffel or pancake mixture, crack an egg for egg mixture).</li> <li>After all finish, don't forget to label all items before</li> </ul>	r
	putting them in chiller.	
3	☐ Take cart and go to big chiller and take various of fruits.	
	<ul><li>Prepare for buffet (cutting fresh fruits)</li></ul>	
	Set up buffet area (cereals, fruits, juice, milk, cheese,	
	bologna, yogurt, salad, and salad fruit).	
	Helping hot kitchen cook for buffet.	
	☐ Go stand by at egg station.	
	☐ Clear up buffet area.	
	Chose the food to be stored and to be cleared.	
	☐ Reffiling cereals, nuts, biscuits.	
	Storting juice, milk, and yogurt.	
	Helping hot kitchen prepare for tomorrow buffet (baking	
	bacon, steam potato, cutting condiments, making waffel or	r
	pancake mixture, crack an egg for egg mixture).	
	After all finish, don't forget to label all items before	
	putting them in chiller.	
4	Take cart and go to big chiller and take various of fruits.	
	Prepare for buffet (cutting fresh fruits)	
	Set up buffet area (cereals, fruits, juice, milk, cheese,	
	bologna, yogurt, salad, and salad fruit).	
	Helping hot kitchen cook for buffet.	
	Go stand by at egg station.	
	Clear up buffet area.	
	Chose the food to be stored and to be cleared.	
	Reffiling cereals, nuts, biscuits.	
	Storting juice, milk, and yogurt.	
	Helping hot kitchen prepare for tomorrow buffet (baking	
	bacon, steam potato, cutting condiments, making waffel or	ſ
	pancake mixture, crack an egg for egg mixture).  After all finish, don't forget to label all items before	
	After all finish, don't forget to label all items before putting them in chiller.	

Week	Description of activities
1	☐ Take cart and go to big chiller and take various of fruits.
	☐ Prepare for buffet (cutting fresh fruits)

	T	
		Set up buffet area (cereals, fruits, juice, milk, cheese,
		bologna, yogurt, salad, and salad fruit).
		Helping hot kitchen cook for buffet.
		Go stand by at egg station.
		Clear up buffet area.
		Chose the food to be stored and to be cleared.
		Reffiling cereals, nuts, biscuits.
		Storting juice, milk, and yogurt.
		Helping hot kitchen prepare for tomorrow buffet (baking
		bacon, steam potato, cutting condiments, making waffel or
		pancake mixture, crack an egg for egg mixture).
		After all finish, don't forget to label all items before
		putting them in chiller.
2		Take cart and go to big chiller and take various of fruits.
		Prepare for buffet (cutting fresh fruits)
		Set up buffet area (cereals, fruits, juice, milk, cheese,
		bologna, yogurt, salad, and salad fruit).
		Helping hot kitchen cook for buffet.
		Go stand by at egg station.
		Clear up buffet area.
		Chose the food to be stored and to be cleared.
		Reffiling cereals, nuts, biscuits.
		Storting juice, milk, and yogurt.
		Helping hot kitchen prepare for tomorrow buffet (baking
		bacon, steam potato, cutting condiments, making waffel or
		pancake mixture, crack an egg for egg mixture).
		After all finish, don't forget to label all items before
		putting them in chiller.
3		Take cart and go to big chiller and take various of fruits.
		Prepare for buffet (cutting fresh fruits)
		Set up buffet area (cereals, fruits, juice, milk, cheese,
		bologna, yogurt, salad, and salad fruit).
		Helping hot kitchen cook for buffet.
		Go stand by at egg station.
		Clear up buffet area.
		Chose the food to be stored and to be cleared.
		Reffiling cereals, nuts, biscuits.
		Storting juice, milk, and yogurt.

	☐ Helping hot kitchen prepare for tomorrow buffet (baking
	bacon, steam potato, cutting condiments, making waffel or
	pancake mixture, crack an egg for egg mixture).
	After all finish, don't forget to label all items before
	putting them in chiller.
4	☐ Take cart and go to big chiller and take various of fruits.
	<ul><li>Prepare for buffet (cutting fresh fruits)</li></ul>
	Set up buffet area (cereals, fruits, juice, milk, cheese,
	bologna, yogurt, salad, and salad fruit).
	Helping hot kitchen cook for buffet.
	☐ Go stand by at egg station.
	☐ Clear up buffet area.
	☐ Chose the food to be stored and to be cleared.
	Reffiling cereals, nuts, biscuits.
	☐ Storting juice, milk, and yogurt.
	Helping hot kitchen prepare for tomorrow buffet (baking
	bacon, steam potato, cutting condiments, making waffel or
	pancake mixture, crack an egg for egg mixture).
	☐ After all finish, don't forget to label all items before
	putting them in chiller.

# **Appendix 1. Appraisal Form**

Internship Appraisal Form  OTT INTERNA	ER & PATISERI MMO S I O N A L
INTERNSHIP PLACE: Centara Karon Resort Phuket	BAKNG & PASTRY ARTS
First Name Malvin Matthewast Name Chandra	
Review Period/s:   Monthly   Quarterly   BI-annualy   Annually Date Joining	
Intern's Position : Department :	
REVIEW DATE: 115/25 Direct Supervisor: Nr. Terraput Aninto	<i></i> x
GRADING FACTORS	
Committee Commit	
1. ORGANIZATIONAL & COMMUNICATION	
Staffs Relations	
	5.5
Consistently demonstrates: attentiveness, courtesy and efficient service to other staff.  Creates friendly environment.	ш
Team Player	
Cooperates and works well with others. Enthusiastic, portrays s positive manner and	3.5
Works toward the Company's goal/s.	
and the first of materials are a real or an extension of the second or an extension of the secon	
Follow -Through	
Sees tasks through completion. Finishes work so that next shift is prepared.	3.5
2. CUSTOMERS INTERACTIONS	
Customer Relations (*if any)	
Customer Relations (*II ally)	4 =
Consistently demonstrates: attentive, courtesy and efficient service to customers.	0.5
Treat customers with Considerations and Respects	

### 3. PERSONAL PRESENTATIONS

### **Grooming Standards**

Pratices and displays proper grooming, personal hygiene and care.

Maintains hair and facial hair (\*if any) per proper F&B industrial standards

4

Uniforms

Always wear the proper and designated uniform.

4

#### 4. ON THE JOB & KNOWLEDGE

#### Dependability

Can be counted upon to do what is expected and required Follow instructions and completes work on time with minimum supervision

3

#### **Work Quality**

Work performed according to Chef's standard and on-site work requirements

All job descriptions specification are met. Consistency in work. All recipes are followed

3.5

### **Work Quantity**

Complete the expected amount of work in relation to Company's standards

3.5

#### **Grading Guidelines.**

### Using the 4 point scale below, fill up the following table:

- 4 Exceeds expectations
- 3.5 Somewhat Exceeds Expectations
- 3 Meets expectations
- 2.5 Somewhat meets expectations
- 2 Less than expectations
- 1.5 Somewhat less than expectations
- 1 Inadequately short of expectations

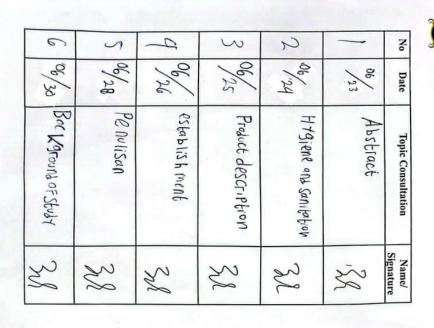
	ons/Notes;	ndla t	. 1	L			1	41
500L	Attitude	WINN	4.	(earn	an	Worling	W My	proceth
		DEDECIDA	NCE SII	IMMARY • to	he filled by	OTTIMMO Interna	tional	
_		PERFORMA	NCE SU	IMMARY * to i	be filled by (	OTTIMMO Interna	tional	
		PERFORMA	NCE SU	IMMARY * to i	be filled by (	DTTIMMO Internal	tional	
OTAL	POINTS		NCE SU	IMMARY * to !	be filled by (	DTTIMMO Internal	tional	
			NCE SU	IMMARY * to !	be filled by (	OTTIMMO Internal	tional	
	POINTS		NCE SU	IMMARY * to !	be filled by (	DTTIMMO Internal	tional	
	POINTS			IMMARY * to !			tional	
	POINTS						tional	
	POINTS						tional	
	POINTS						tional	
	POINTS						tional	

### III. SIGNATURES

### On-Site Manager/Owner/Chef

Signature & Stamp:	Dated_ 7/8/26
The Intern	
Signature:	Dated
OTTIMMO International MasterGourmet Ac	rademy
Signature & Stamp:	Dated t Affairs

## **Appendix 2. Consultation Form**



	7	_
FO	ď	9
9	TS	USU
FOODPRENEURSHIF	INDUSTRIAL TRAINING	CONSULTATION FORM
EZ	LI	I
UR	RA	N
HS	Z	FO
P	NG	RM
	-	

OTTIMMO
INTERNASIONAL

12	11	10	g	8	7	S
bo/80	h 0/80	08/09	08/04	20/62	10/	Date
12 08/04 PEDULISAN	organization	PESCTIPTION OF	Discription of Picture	Benefit of Mernaje	Htgieneandsanitetion	Topic Consultation
*		Figur 1	Pulmy 7	Sur	Z.	Name/ Signature

Advisor	Student Number
· Fina Sviistita	.22.14.1300.1000.8

Malvin Matthew Chandra

## **Appendix 3. Correction List**

25 July 2025 / 16.00-16.



Student Name Student Number : Malvin Matthew Chandra

Exam Day & Date

Lecture

: 2274130010008 : Selasa, 25 July 2025 : Elma Sulistiya, S.TP., M.Sc. (19970916 2302 087)

No	Correction List	Page	Approva
	Occupancy tate Conclusion		39
	Conclusion		
			(a) (b)
	=		
		1	
		1	
		1	
		- 1	

Acknowledge, Advisor

(Elma Sulistiya, S.TP., M.Sc.) 19970916 2302 087



Student Name

Student Number Exam Day & Date

Lecture

: Malvin Matthew Chandra : 2274130010008 : Selasa, 25 July 2025 : Novi Indah Permata Sari, S.T., M.Sc (19951109 2202 083)

( Dune :	A land
(en Below.	1 7000

Acknowledge, Advisor

(Elma Sulistiya, S.TP., M.Sc.) 19970916 2302 087



Student Name Student Number

: Malvin Matthew Chandra : 2274130010008

Exam Day & Date

Lecture

: Selasa, 25 July 2025 : Jessica Hartan, A.Md.Par. (19940923 2201 084)

No	Correction List	Page	Approval
l	Check all notes in the report	AI	
			100

Acknowledge, Advisor

(Elma Sulistiya, S.TP., M.Sc.) 19970916 2302 087