

CHAPTER I

INTRODUCTION

1.1 Background of study

As a culinary student at Ottimmo International MasterGourmet Academy, I have developed a deep passion for cooking and a solid foundation in culinary techniques. Throughout my studies, I have acquired knowledge in food preparation, plating, and kitchen operations, but I recognize that to become a successful chef, it is essential to gain practical, hands-on experience in real-world environments. The opportunity to complete a J-1 internship at The Abbey Resort in Lake Geneva, Wisconsin, will provide me with the platform to further enhance my culinary skills, refine my techniques, and deepen my understanding of professional kitchen management.

The Abbey Resort, a renowned luxury resort in the Lake Geneva region, is recognized for its diverse and high-quality dining options. With a range of dining experiences, from fine dining to casual meals, The Abbey Resort provides an ideal setting for learning the full spectrum of culinary arts. This experience will allow me to work in a high-volume kitchen environment, while learning how to manage kitchen operations, plan menus, and source ingredients to create exceptional dishes for a diverse clientele.

Through this internship, I aim to build on the technical skills I have developed at Ottimmo International by applying them in a professional kitchen. I will also gain practical knowledge in managing kitchen operations, including inventory control, cost management, and maintaining consistency in food quality. The exposure to The Abbey Resort's international guests will allow me to enhance my ability to adapt to different culinary preferences and dietary requirements, which is crucial for succeeding in today's diverse hospitality industry.

Additionally, this internship will provide me with the opportunity to work with and learn from experienced chefs, gaining invaluable insight into industry best practices, advanced culinary techniques, and the demands of running a successful kitchen in a resort setting. The Abbey Resort's reputation for excellence in guest service and its dedication to high standards will provide a supportive environment for me to grow as a culinary professional.

In summary, this J-1 internship at The Abbey Resort will offer me the opportunity to refine my skills, develop new culinary techniques, and gain a comprehensive understanding of how to manage kitchen operations in a luxury resort. This experience will complement my education at Ottimmo International and provide me with the practical experience needed to advance my career in the global culinary industry.

1.2 Industrial Training Objective

1. Refine culinary techniques and presentation skills.
2. Gain hands-on experience in resort kitchen operations.
3. Learn menu planning and food sourcing.
4. Improve time management and kitchen efficiency.
5. Understand cost control and budgeting in the kitchen.
6. Adapt to diverse guest preferences and dietary needs.
7. Collaborate with a multicultural team of chefs.
8. Develop leadership and teamwork skills in a kitchen setting.

1.3 The benefits of internship

1.3.1 For students

1. Hands-on experience in real-world settings.
2. Development of communication, problem-solving, and teamwork.
3. Career exploration and industry insight.
4. Improved resume with practical work experience.
5. Increased employability and job prospects.

6. Personal growth, confidence, and self-awareness.
7. Networking opportunities with industry professionals.
8. Potential for future job offers.

1.3.2 For Ottimmo International

1. Students bring and introduce the name Ottimmo International to four star hotels both internally and externally
2. Expanding the university network to hotels and restaurants

1.3.3 For the Abbey Resort

1. Brings fresh ideas and innovative perspectives to the team.
2. Provides cost-effective support during busy periods.
3. Helps manage increased workload during peak seasons.
4. Develops future talent for potential full-time roles.
5. Boosts productivity by supporting various departments.
6. Enhances guest experience with additional assistance.
7. Strengthens the resort's reputation as an employer of choice.
8. Offers networking opportunities with industry professionals.