

CHAPTER I

INTRODUCTION

1.1 Background

Cucumber skin is one of the foods that have many properties contained in cucumber skin, therefore I choose skin cucumber as the main ingredient that I will process into a crackers snack that is "crackers cucumber skin". I manage cucumber skin as a cracker because the community is very fond of crackers, especially Indonesians. Indonesian people are very fond of food that is crunchy texture and use crackers as one additional food consumption at mealtime. This is a great opportunity for me to introduce the product I made that is "crackers cucumber skin".

Crackers Cucumber skin have many nutrients as well as cucumber skin rich in insoluble fiber. Insoluble fiber is a type of food fiber that is not soluble in water, which means this type of fiber will pass through your intestinal tract intact. Because it is not directly parsed, insoluble fiber works to help smooth your intestines and digestive tract by pushing leftovers and substances that have been processed out of the body. So, you are so fluent defecation. Insoluble fiber is also good for relieving constipation.

Besides cucumber skin is also rich in vitamin K. This vitamin is able to trigger the production of certain proteins that your bones need to keep strong and solid. In addition to good for bone, vitamin K can also improve and trigger the production of new cells in the body. Your blood also requires vitamin K to be less dilute and to prevent bleeding. This vitamin you can find most on cucumber skin.

1.2 Objective

The purpose of creating "Creackers Cucumber Skin":

- Presenting high quality "Creackers Cucumber Skin".
- Our products will be served without artificial preservatives, artificial taste, and hygienic packed, so that it can compete in the food industry both in Indonesia and worldwide.
- Promoting cucumber skin has a lot of savour
- Increase state revenues, and help reduce unemployment
- Encourage the development of the culinary industry to produce healthy food with a favorable business prospect.