CULINARY INNOVATION AND NEW PRODUCT DEVELOPMENT REPORT

UTILIZATION OF KLUWIH FRUIT AS THE MAIN INGREDIENT FOR MAKING SAVORY SPREADS



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PREFACE

Praise be to God Almighty because on this occasion I was able to complete this report. Completion of this report intended to fulfill the requirements for participating in an internship.

I also take this opportunity to express my gratitude to:

- Chef Zaldy Iskandar, B. Sc as director of Ottimmo International Culinary
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- My Mother, who always support and help me in personally and providing moral & material support for me.
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That is all I can say, I apologize if there are errors or inconsistence in the use of words or sentences. Hopefully, the following report is helpful for the readers. Thank you.

Surabaya, October 03rd 2024

Agnes Claudya Jesica Patirani

ABSTRACT

Spread is a food in the form of a paste or spread that is typically used to enhance the flavor, texture, or nutritional value of foods such as bread, biscuits, or crackers. Spread is generally convenient and often consumed during breakfast, but it can also be enjoyed at other times, such as for a light lunch or dessert, depending on the type. Spread can be made from various ingredients, including fruits, nuts, cheese, or seasonings. Typically, spreads have a sweet taste, such as fruit jams and honey, or a savory flavor like cream cheese, butter, and margarine. As time progresses, health concerns such as obesity and diabetes have become key considerations for many people. Therefore, this research aims to create a plant-based spread that is both healthy and nutritionally rich, made from a local ingredient, kluwih fruit. This spread is also designed for those who cannot consume animal products. The research results show that the rica-rica kluwih spread has a good texture and appearance. The nutrition value of rica-rica kluwih spread stated that it has 60 Cal/serving with a serving size of 20 g. In addition, the selling price of rica-rica kluwih spread is Rp. 27,500/pack.

Keyword: Kluwih Fruit, Spread, Vegan

TABLE OF CONTENT

Plagiarism Statment	ii
Approval 1	iii
Approval 2	iv
Preface	v
Abstract	vi
Table Of Content	vii
Table Of Figures	ix
List Of Tables	X
Chapter I Introduction	1
1.1 Background Of The Study	1
1.2 Objectives Of The Study	3
Chapter II Literature Review	4
2.1 Ingredient Review	4
2.1.1 Kluwih	4
2.1.2 Kluwih Seeds	5
2.1.3 Rica-Rica	6
2.2 Product Review	7
Chapter III Methods	8
3.1 Time And Place	8
3.2 Ingredients And Utensils	8
3.2.1 Ingredients	8
3.2.2 Utensils	10
3.3 Processing Methods	10
3.4 Flow Chart	12
Chapter IV Result And Discussion	13
4.1 Product Result	13
4.2 Nutrition Fact	14
4.2.1 Nutrition Table	14
4.2.2 Nutrition Calculation	16
4.2.3 Nutrition Label	18
4.3 Food Safety And Packaging	18
4.3.1 Processing And Storage Temperature	

Appendix	
Bibliography	
5.2 Suggestion	24
5.1 Conclusion	24
Chapter V Conclusion And Suggestion	24
4.4.2 Selling Price	23
4.4.1 Product Cost	22
4.4 Financial Aspects	22
4.3.3 Product Packaging	20
4.3.2 Shelf Life	19

TABLE OF FIGURES

Figure 2.1 Kluwih	4
Figure 2.2 Kluwih Seeds	5
Figure 2.3 Bumbu Rica-rica	
Figure 3.1 Flowchart Rica-rica kluwih Spread	
Figure 4.1 Rica-rica Kluwih Spread	
Figure 4.2 Glass Jar	
Figure 4.3 Logo	
Light 1.0 Dogo	

LIST OF TABLES

Table 3.1 Ingredients for Spread	8
Table 3.2 Utensils for spread	
Table 4. 1 Nutritional Value of Kluwih per 100g	
Table 4. 2 Nutritional Value of Tofu Skin per 100g	
Table 4. 3 Nutritional Value of Rica-rica Kluwih Spread	16
Table 4. 4 Cost of Ingredients	22
Table 4. 5 Packaging Cost	23
Table 4. 6 Total Cost	23