CULINARY INNOVATION AND NEW PRODUCT DEVELOPMENT REPORT

UTILIZATION OF ROSELLA AND ANDALIMAN AS THE MAKING FOR HERBAL JELLY CANDY



ARRANGED BY MARJORIE PRAQUEITA BUTAR BUTAR 2274130010051

CULINARY ARTS STUDY PROGAM
OTTIMMO INTERNATIONAL
MASTER GOURMET ACADEMY
SURABAYA

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PLAGIARISM STATEMENT

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Surabaya, September 13th, 2024

Marjorie Praqueita Butar Butar

APPROVAL 1

CULINARY INNOVATION AND NEW PRODUCT DEVELOPMENT PROJECT

Name : MARJORIE PRAQUEITA BUTAR BUTAR

Place, Date of Birth : JAKARTA, 1 JUNI 2004

NIM : 2274130010051 Study Program : D3 Culinary Art

TITLE : UTILIZATION OF ROSELLA AND ANDALIMAN AS

THE MAKING FOR HERBAL JELLY CANDY

This paper has been approved by:

Head of Culinary Arts Study Program,

September, 13th 2024

Heni Adhianata, S.TP.,M.Sc

NIP 19900613 1402 016

Advisor,

September, 13th 2024

Arya Putra Sundjaja, S.E.

19801017 1703 001

Director of

Ottimmo International Master Gourmet Academy

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y iskailaai, Disc

. 19731025 1201 001

APPROVAL 2

UTILIZATION OF ROSELLA AND ANDALIMAN AS THE MAKING FOR HERBAL JELLY CANDY

Culinary Innovation and New Product Development report by:

MARJORIE PRAQUEITA BUTAR BUTAR

2274130010051

This report is already presented and pass the exam on:

(September 13th, 2024)

This paper has been approved by:

Advisor : Arya Putra Sundjaja, S.E.

1st Examiner : Heni Adhianata, S,TP.,M.Sc

2nd Examiner : Gilbert Yanuar Hadiwirawan,

A.Md. Par.

PREFACE

Praise to God, for granting me the strength and resilience to navigate through challenges and complete this Culinary Innovation and New Product Development Report. This work is the result of dedicated effort and passion for exploring new culinary creations. I am deeply grateful for the guidance and support of my mentors, family, and friends throughout this journey. Their encouragement has been invaluable, and I hope this report reflects the knowledge and skills I have gained through this experience.

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Marjorie Praqueita Butar Butar

ABSTRACT

Jelly candy is a popular confectionery product, particularly among children, but traditional versions are often high in sugar and lack nutritional value. This study aimed to develop a healthier alternative by creating jelly candy using natural ingredients like rosella and andaliman, which are contains antioxidants. The jelly candy was produced by dehydrating it at 50°C for varying durations (24, 36 and 48 hours) to determine the optimal texture, flavor, and stability. The 48-hour dehydration process resulted in a firm yet chewy candy with a rich flavor and stability at higher temperatures, making it less prone to melting. The candy also retained its vibrant color and nutritional content, contributing to a visually appealing and health-conscious product. The final jelly candy has a shelf life of up to 1 months when stored in airtight containers at or below 20°C. This research highlights the potential of using natural ingredients to create a more nutritious jelly candy, providing a viable alternative for consumers seeking healthier snack options. The final product contains 35 cal/serving, making it a low-calorie snack option. The candy is priced at Rp. 9.500/sachet.

Keywords : Andaliman, Antioxidant, Dehydrate, Jelly Candy, Natural Ingredients, Rosella.

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