

CHAPTER V

CONCLUSION AND SUGGESTION

5.1 Conclusion

In conclusion, tomatoes and guava are among the fruits that contain lycopene. Where the lycopene content has benefits, one of which is eliminating acne. This combination of tomatoes and guava is a good alternative to consuming fruit, especially for those who have acne skin problems. It has a slightly rough texture and is too dry, which is caused by the texture of the fruit used and the drying process in the dehydrator. Further improvements need to be made so that the creation of this fruit roll is better and more suitable for consumption in the future.

5.2 Suggestion

Further research and development is recommended to improve the overall texture and thickness of the fruit roll. It is also necessary to carry out further research on the use of ingredients contained in tomatoes and guava other than lycopene which can overcome acne skin problems. This could be an approach for this.