CULINARY INNOVATION AND NEW PRODUCT DEVELOPMENT REPORT UTILIZING MUNG BEANS AS A SUBSTITUTE OF SOY IN THE MAKING OF SOY SAUCE



ARRANGED BY
GABRIELLA GERALDINE
2274130010033

CULINARY ARTS STUDY PROGRAM
OTTIMMO INTERNATIONAL
MASTER GOURMET ACADEMY
SURABAYA
2024

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Surabaya, August 29th 2024

Gabriella Geraldine

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APPROVAL 1

CULINARY INNOVATION AND NEW PRODUCT DEVELOPMENT PROJECT

Name : Gabriella Geraldine

Place, Date of Birth : Surabaya, March 2nd 2004

NIM : <u>2174130010033</u>

Study Program : D3 Culinary Art

TITLE : UTILIZING MUNG BEANS AS SUBSTITUTE

OF SOY IN THE MAKING OF SOY SAUCE

This paper is approved by:

Head of Culinary Arts Study Program,

Advisor,

MEAugust 5th, 2024

August 5th, 2024

OTTIMMO

Jeni Adhianata, S.TP., M.Sc

NIP. 19900613 1402 016

Ryan Yeremia Iskandar, S.S.

NIP. 19821218 1601 023

Director of

Ottimmo International Master Gourmet Academy

ugust 5th, 2024

y Iskaydar, B.Sc

NIP. 19731025 1201 001

APPROVAL 2

UTILIZING MUNG BEANS AS A SUBSTITUTE OF SOY IN THE MAKING OF SOY SAUCE

Culinary Innovation and New Product Development report by:

Gabriella Geraldine

2174130010033

This report is already presented and pass the exam on:

(August 5th 2024)

This paper has been approved by:

Advisor : Ryan Yeremia Iskandar, S.S

1st Examiner : Elma Sulistiya, S.TP.,M.Sc

2nd Examiner : Gilbert Yanuar Hadiwirawan, A.Md.Par

PREFACE

Praise to God, for giving me strength and letting me through all the difficulties so I was able to finish this Culinary Innovation and New Product Development Report.

I also take this opportunity to express my gratitude to:

- Chef Zaldy Iskandar, B. Sc as director of Ottimmo International Master Gourmet Academy
- Ms. Novi Indah Permata Sari ST., M.Sc as my CnD advisor who alwaysguide and support me throughout the entire process of writing this report
- Ms. Heni Adhianata, S.TP.,M.Sc as my head of study program of Ottimmo International Master Gourmet Academy
- 4. My Father, who always provide me with unfailing support and continuous encouragement throughout my years of study
- 5. My best friends, for their love and unwavering moral support

Surabaya, August 29th 2024

Gabriella Geraldine

ABSTRACT

Soy sauce, a staple condiment in many cuisines, is traditionally made From soybeans. Soy sauce also well known for its umami flavor and versatility incooking Mungbeans, with their high protein and amino acid content, offer a promising substitute for soybeans in soy sauce production. The outlines the process of fermenting mungbeans to produce a flavorful and sustainable soy sauce alternative. The use of mungbeans not only can benfits in both low cost and healthconcerns but also provides a new avenue for culinary innovation and sustainable food production. Mungbeans, with their nutritional profile and sustainable cultivation practices, present an attractive option for soy sauce substitution. method for fermenting mungbeans to create a savory sauce reminiscent of traditional soy sauce. The process involves a fermentation period, during which enzymes break down proteins and carbohydrates into flavorful compounds. The resulting mungbean sauce offers a rich umami flavor and can be used as a substitute for soysauce in various culinary applications. The mehtod is very simmilar byusing koji for the fermentation proscess the different its just in the main ingridient.

Keyword: Soy sauce, Mung beans, Koji, Fermentation

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