

BIBLIOGRAPHY

- Crosby-Galván, M. M., Espinoza-Velasco, B., & Ramirez-Mella, M. (2018). Effect of chihua pumpkin residue (*Cucurbita argyrosperma*) in ruminal gas production and digestibility in vitro. *Pakistan Journal of Zoology*, 50(3).
- Janssen, M., Busch, C., Rödiger, M., & Hamm, U. (2016). Motives of consumers following a vegan diet and their attitudes towards animal agriculture. *Appetite*, 105, 643-651.
- Khalid, M. Y., & Arif, Z. U. (2022). Novel biopolymer-based sustainable composites for food packaging applications: A narrative review. *Food Packaging and Shelf Life*, 33, 100892.
- Kumari, N., Sindhu, S. C., Rani, V., & Kumari, V. (2021). Shelf life evaluation of biscuits and cookies incorporating germinated pumpkin seed flour. *International Journal of Current Microbiology and Applied Sciences*, 10(01), 1436-1443.
- Saavedra, M. J., Aires, A., Dias, C., Almeida, J. A., De Vasconcelos, M. C. B. M., Santos, P., & Rosa, E. A. (2015). Evaluation of the potential of squash pumpkin by-products (seeds and shell) as sources of antioxidant and bioactive compounds. *Journal of Food Science and Technology*, 52, 1008-1015.
- Sebastiani, G., Herranz Barbero, A., Borrás-Novell, C., Alsina Casanova, M., Aldecoa-Bilbao, V., Andreu-Fernández, V., ... & García-Algar, O. (2019). The effects of vegetarian and vegan diet during pregnancy on the health of mothers and offspring. *Nutrients*, 11(3), 557.

APPENDIX

1. Approved Recipe



CULINARY INNOVATION AND NEW PRODUCT DEVELOPMENT

APPROVAL RECIPEE

Recipe Name : PUMPKIN SEED SPREAD
TITLE OF C&D : UTILIZATION PUMPKIN SEED FOR MAKING
VEGAN SPREAD

Yield : 1Portion

Main Ingredients : 120 gr pumpkin seeds

Ingredients :

- 100 gr roasted pumpkin seeds, soak
- 20 gr roasted pumpkin seeds for crunchy texture
- 75 gr water
- 15gr nutritional yeast
- 3 gr salt

Method :

1. Soak pumpkin seeds overnight or minimum 8 hours until it tender. Drain and rinse before using.
2. Add all of ingredients to a food processor and blend until the mixture smooth
3. Prepare the mold and pour it.
4. Refrigerate 30 minutes.
5. Roughly Chop roasted pumpkin seeds and add to spread.
6. Enjoy it with crackers.

Product Description

Pumpkin seed spread is a vegan spread that is free from nuts and dairy. The purpose of use pumpkin seeds are good source of magnesium, protein, zinc and other nutrients. This product is option for those who are allergic to dairy and nuts, vegan. The advantage of this product is dairy free, high in fiber. Served with crackers or on bagels.



CULINARY INNOVATION AND NEW PRODUCT DEVELOPMENT

TRIAL PROGRESS

The first-time trial, the pumpkin seeds made for pumpkin seeds milk, but it not roasted so it feels raw, second trial pumpkin seeds did not make for pumpkin seeds milk but it blend together with all ingredients but not too smooth. The taste of this spread is not to delicious but will try to fix it.

TRIAL DOCUMENTATION



Student Name : Claudia Angelica
NIM : 2274130010028

Advisor	1 st Examiner	2 nd Examiner

Name: Ryan Yeremia
Date: 28 March 2024

Name: Heni Adhianata
Date: 28 March 2024

Name: Arya Putra S
Date: 28 March 2024

2. Approved Sensory



Akademi Kuliner & Patiseri
OTTIMO
 INTERNASIONAL
 Makanan dan minuman berkualitas internasional

CULINARY INNOVATION AND NEW PRODUCT DEVELOPMENT SENSORY TEST

DATE : 19 April 2024

NAME : Claudia Angelica

NIM : 2274130010028

PRODUCT : UTILIZATION PUMPKIN SEED FOR MAKING VEGAN SPREAD

ADVISOR : Ryan Yeremia Iskandar, S.S.

PANELIST	SIGHT	SMELL	TEXTURE	TASTE	OVERALL	TOTAL
Panelist 1	5	5	5	5	5	25
Panelist 2	4	5	2	2	3	16
Panelist 3	4	3	4	2	4	17
Panelist 4	5	5	5	5	5	25
Panelist 5	4	4	4	4	4	20
Panelist 6	4	4	4	5	4	21
Panelist 7	4	4	4	4	4	20
Panelist 8	3	2	4	3	3	15
Panelist 9	4	5	2	2	3	16
Panelist 10	4	4	4	4	4	20
TOTAL	41	41	38	36	39	195

NOTES :

1. Nothing
2. Tekstur terlalu kental sehingga mempengaruhi taste. Buat sedikit lebih cair
3. rasanya nanggung, kalau manis kurang manis kalau asin kurang gurih
4. Perfect
5. –
6. Enak, warna oke. Flavor khas menambah keunikan citarasanya
7. Mungkin texture dapat dibuat agak lebih chewy
8. smell is not very appetizing
9. –
10. –



3. Consultation Form



Akademie Küchen & Patisserie
OTTIMO INTERNATIONAL
NEW PRODUCT DEVELOPMENT

CONSULTATION FORM CULINARY INNOVATION AND NEW PRODUCT DEVELOPMENT

No	Date	Topic Consultation	Name/ Signature	Advisor Signature
17	1/4 2024	Product testing		
18	2/4 2024	Previous Consultation		
19	3/4 2024	Review Project - Entwicklung neuer Produktideen		
20	4/4 2024	- Produkt entwickeln - Marketing strategie entwickeln		

No	Date	Topic Consultation	Name/ Signature	Advisor Signature
20	month 2024	Product idea Development		
21	March 2024	Product Development		
22	Product Consultation			
23	Product Consultation			
24	Product Consultation			
25	Product Testing			
26	Product Testing			

4. Systematic Process Documentation



First Trial



Second Trial